

Lexington Happenings

**JULY
2026**

Welcome to your monthly guide to activities, events, opportunities and highlights from across Lexington!

#RISINGTOGETHER AT LEXINGTON



BUILDING BONDS WITH FRIENDS, FAMILY AND THE COMMUNITY

Summer is for spending time with loved ones and helping others! From giving scholarships to teens seeking medical careers to donating to local charities to helping a young man attend prom with his mom, these past weeks have seen the relationships in Lexington and beyond grow and thrive.



CONGRATULATIONS

To the many recent graduates of Day Hab's 12-week Health Matters program!



ENCOURAGING BETTER WELLNESS – ONE DAY AT A TIME!

Day Hab's Wellness Activity Contest gets everyone up and moving! Even exercises as simple as walking promote better health, and this contest encourages everyone to build healthy habits by logging exercise and activity on a daily basis. Pictured are some recent winners, who logged the most exercise time in a month: Timothy Giblin, Tammy Meese, Gary Miller, Ralph White and Myrhia Zajackowski.

Special Recognitions

LEWIS MCDONOUGH WINS OLYMPIC GOLD IN BASEBALL ON NEW YORK STATE TEAM!



Our own Lewis McDonough was part of the incredibly talented team who won a gold medal in the Special Olympics baseball tournament in Minneapolis this summer! A talented athlete, Lewis was the only player from Lexington selected to represent New York on the state team. Congratulations to Lewis and his teammates on this incredible victory!



JODY MEESE NAMED SCHOHARIE FIRE DEPARTMENT'S FIRST-EVER COMMUNITY AMBASSADOR!

In honor of eight years of service in the Schoharie Fire Department, Jody Meese's fellow firefighters named him their first-ever Community Ambassador, a role that allows him to proudly represent the department at community events and parades throughout the year!

Jody has been a valued member of the Schoharie Fire Department since joining in 2018. In 2019, he earned the rank of lieutenant, was recognized for achieving 100% attendance at department activities and functions and was voted Member of the Year – an honor he has since earned a second time! His dedicated service has also been recognized by Assemblyman Chris Tague.

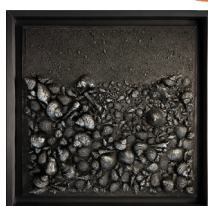


LEXINGTON ARTISTS SWEEP AWARDS AT ANNUAL VOICE ART SHOW

Congratulations to the artists of Creative Expressions and Transitions for dominating the awards podium at the The Arc Otsego's VOICE! Art Show in Oneonta! Our winners from this esteemed statewide juried show are as follows:



First Place:
Pink Marmalade
Joshua Brooks



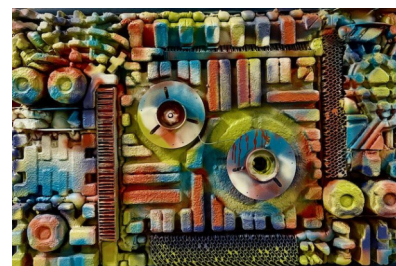
Third Place:
Salt & Silver
Taylor Skinner



Second Place:
Earthbound Echoes
Casey Battisti, Monica VanEtten, Ross Carangelo, and Patrick Subik



Honorable Mention:
After the Rain
Victor Colon, Faith Lafountain, and Joshua Brooks



Best Collaborative:
Where Hands See
Joshua Brooks, Patrick Subik, Faith Lafountain, and Adrienne Phillips



Spirit Award:
Fireflies
Colm O'Leary

Things to Do, See & Experience



FREE SOCIAL EVENTS FOR THE PEOPLE WE SUPPORT!

All people we support are invited to meet new friends, try something new and have fun together!

PAUL NIGRA CENTER FOR CREATIVE ARTS

4:00–5:00 P.M. | RSVP: (518) 661-9932

 **Bingo Nights:** Mondays, July 27 and August 31

 **Ice Cream Social:** Wednesday, August 12

 **RC Car Racing:** Monday, August 24

TPI EVENTS SPACE, SCHOHARIE

3:30–4:30 p.m. | RSVP: (518) 915-5441.

 **Art Club:** Tuesday, July 28

 **Bingo Night:** Wednesday, July 29

THE MISSION OF THE ARC LEXINGTON

We empower people with autism and developmental disabilities to live their best lives, every day, by partnering with their families, our employees and our community.



SAVE THE DATE FOR LEXINGTON'S NIGHT OUT GALA!

Friday, September 18 | 5:30 p.m.

Mark your calendars for The Arc Lexington's annual fundraiser gala! This year the theme is "Masquerade" – an evening of mystery and intrigue that celebrates everything we have accomplished this year.

MORE INFO AT [THEARCLEXINGTON.ORG/2026-LEXINGTON-GALA!](https://thearclexington.org/2026-lexington-gala/)

QUICK LINKS



[Lexington Happenings Digital Archive](#)



[Engaged & Empowered Zoom Calendar](#)



[Nigra Arts Center Class Calendar](#)



[Lexington Facebook Page](#)



JOIN US FOR A NIAGARA FALLS ADVENTURE!

 **Saturday, August 8**

 **Board Bus:** 465 N. Perry St., Johnstown

 **Bus Departs:** 6:30 a.m.

 **Tickets:** \$75 (Employees: \$67.50)

People we support, employees, family members and the community are all invited for a day trip to Niagara Falls!

RESERVE YOUR SEAT:

Call (518) 661-9932

or scan QR code



CHUNKY KNIT BLANKET WORKSHOP

Thursday, August 11

5:30–8:30PM | \$35

Instructor Lynette May will teach you how to knit a blanket with only your hands and multicolored yarn! No experience required.

Meetings & Important Information



NURTURING ENVIRONMENT MEETINGS

Join us as we continue to build a caring, supportive and safe environment throughout Lexington!

UPCOMING DATES:

★ **465 North Perry Street, Johnstown**

Thursday, July 30 | 10:00 a.m.

Thursday, August 20 | 10:00 a.m.

★ **4 Executive Park Drive, Albany**

Friday, August 7 | 10:00 a.m.

★ **121 Opportunity Drive, Schoharie**

Wednesday, August 26 | 10:00 a.m.

CAN'T ATTEND?

Call: 1-800-831-5602

Email: nurture@thearclexington.org

With comments and concerns.

SAFE ENVIRONMENT & WELLNESS MEETINGS

UPCOMING DATES:

★ **Johnstown**

August 26 & October 29

★ **Schoharie**

August 27 & October 28

10 a.m. – 12 p.m.

Safety remains one of Lexington's highest priorities. Join us for wellness discussions, safety updates and recognition opportunities.

CONTACT INFORMATION

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VOTE FOR OUR ARTISTS IN THE ARC NEW YORK'S ART COMPETITION!

Please vote for Lexington artists in The Arc New York's 2026 Art Competition! All you have to do is [click here](#), browse the three categories and vote 5 stars for the pieces below. The artwork is also on display at 465 – stop by and see it in person!

Abstract & Contemporary Category



Landscape & Realism Category



Alternative & Mixed Mediums Category

