

LEXINGTON HAPPENINGS



Welcome to “Lexington Happenings,” a collection of things to do and see and experience at Lexington!

FEBRUARY 2026

#RISINGTOGETHER AT LEXINGTON!



- 15 Lexington Avenue’s annual holiday meeting was a huge success! Staff, the clinical team and the people they support all came together for an amazing afternoon of holiday cheer and celebration of last year’s accomplishments. Special holiday décor and delicious food made by Kingsboro Catering provided the finishing touch to a great event. We hope you all had a wonderful holiday season!
- During the December holiday parties, we offered separate, quiet spaces as an option for those who wanted to join in the festivities but needed an escape from the chaos. These sensory-friendly areas offered a place to step away from the noise, do calming sensory activities and celebrate in a way that was comfortable for them. Thank you to all who helped set up these spaces and made sure everyone could enjoy the holiday!
- Connections Day Hab spread holiday cheer this season by delivering cookie platters in the community! They are pictured here dropping one off at the Nancy David Hospice in Gloversville to express their sincere appreciation for the compassionate care and support they give to patients and families during such difficult times. They also donated a platter to the Johnstown Fire Department in thanks for their dedication to protecting the community and keeping everyone safe. Thank you to Connections Day Hab for their generosity!
- Kaleidoscope Day Hab took the time to make a special custom wreath for the OT/PT crew at 465! This gift expressed Kaleidoscope’s sincere gratitude toward OT/PT for all the support they provide to those who count on them most. No matter what, they never hesitate to address things that arise beyond their already busy schedules. As the wreath says, we are “blessed beyond measure” to have them!
- The Social Club program kicked off the New Year with a little gardening! There was a great turnout of participants who decorated terra cotta pots and planted small succulents in them to care for all year. See page 4 for information about future social clubs to take part in!
- Leon, Linda and Susan had a great time escaping from the cold at Via Aquarium in Rotterdam! Thank you to Tiffany Marra and everyone else who makes special outings like this happen for the people we support.

PARTIES SPREAD HOLIDAY CHEER IN JOHNSTOWN, SCHOHARIE AND ALBANY!

The annual holiday parties in all three Lexington counties were a great success! It was wonderful to see everyone come together to celebrate the holiday and the end of the year. Thank you to all the volunteers who worked hard to decorate the spaces, serve food and drinks, and make sure everyone had a fantastic time. We hope you all had a fun holiday season and New Year with your family and friends—we can't wait to see what 2026 has in store for us in the coming months!



LEXINGTON ACTIVITY AND RESOURCE CENTER

2026 SAFE ENVIRONMENT AND WELLNESS MEETINGS

Safety is a top priority at Lexington! People we support and staff alike are all invited to attend Safe Environment and Wellness Meetings in 2026. Please mark your calendars for one or more of the dates listed below:

DATE	TIME	LOCATION
Friday, March 13	10:00 a.m.—12:00 p.m.	Training Center Classroom C, 465 N. Perry Street, Johnstown
Thursday, March 19	10:00 a.m.—12:00 p.m.	TPI Event Space, 121 Opportunity Drive, Schoharie
Wednesday, August 26	10:00 a.m.—12:00 p.m.	Training Center Classroom C, 465 N. Perry Street, Johnstown
Thursday, August 27	10:00 a.m.—12:00 p.m.	TPI Event Space, 121 Opportunity Drive, Schoharie
Wednesday, October 28	10:00 a.m.—12:00 p.m.	TPI Event Space, 121 Opportunity Drive, Schoharie
Thursday, October 29	10:00 a.m.—12:00 p.m.	Training Center Classroom C, 465 N. Perry Street, Johnstown

During these meetings, we share information related to wellness topics and safety best practices as well as discuss areas where we can improve our safety program. We also do safety recognitions at the end of each meeting.

The first 30 minutes of each meeting, 10:00-10:30 a.m., are for Safety Ambassadors only. Meetings are open to everyone from 10:30 a.m. to 12:00 p.m. We hope to see you there!

ENGAGED AND EMPOWERED ZOOM ACTIVITY CALENDAR

The Engaged and Empowered day hab program offers daily social groups, activities, wellness exercises, games, crafts and more to the people we support. All are welcome! Find the February calendar and participation information at <https://bit.ly/4rdgTak>.

JOIN US AT OUR NEXT NURTURING ENVIRONMENT MEETINGS

The Nurturing Environment Program began in 2001 with the goal of continually striving toward creating a more nurturing, caring, supportive and safe environment for everyone—24 hours a day, seven days a week, in all Lexington locations—that, in addition to making Lexington an even better place for everyone, will eliminate the possibility of abuse. One aspect of the program is having agency-wide meetings where we share ideas and suggestions on how to make Lexington an even better place for people we support and our staff members. Join us at one of the upcoming meetings to share best practices, stories, concerns and more!

- **SCHOHARIE: Thursday, February 12** | 10:00 a.m. | TPI Event Space, 121 Opportunity Drive, Schoharie
- **FULTON: Friday, February 20** | 10:00 a.m. | Training Center, 465 N. Perry Street, Johnstown

Please note that Nurturing Environment Meetings are meant to be accessible to everyone and are considered “work time.” If you are unable to attend a meeting but would like to share input, you can:

1. Leave a message at the Nurturing Environment Hotline (1-800-831-5602)
2. Send an e-mail to nurture@thearclexington.org
3. Send a written note to Nurturing at Gloversville Day Hab

LEXINGTON HAPPENINGS DIGITAL ARCHIVE

The online digital archive of Lexington Happenings, which includes active links to all the resources and documents highlighted, can be found at thearclexington.org/lexington-happenings. If you have questions or would like to submit information for a future newsletter, please contact Megan Balser at balserm@thearclexington.org or (518) 661-9932.

THE PAUL NIGRA CENTER FOR CREATIVE ARTS

Lexington employees get a 10% discount at the Nigra Arts Center! Just enter the code **LEXEMPLOYEE** at checkout to redeem. If your house, program or someone you know wants to take a class, please call (518) 661-9932 or contact Megan Balser at balserm@thearclexington.org to sign them up. The arts center is located at 2736 State Highway 30 in Gloversville. For full listings of the classes and events offered, visit www.pncreativeartscenter.org.



CALL FOR ARTISTS: 2026 REGIONAL ART SHOW

Submission Deadline: February 22 | Show Dates: March 20 – May 14

Meet the Artists Opening Reception: Thursday, March 26 | 4:00-7:00 p.m.

The Paul Nigra Center for Creative Arts is pleased to announce its annual Regional Art Show, featuring only the works of artists who live or work in New York's Fulton, Montgomery and neighboring counties. Art in all media and from any artist within the region is welcome. Pieces selected will hang alongside a showcase of art by elementary, middle and high school students from the region's schools.

If you or someone you support is interested in submitting work to this show, please call (518) 661-9932, stop by the arts center or visit www.pncreativeartscenter.org/art-shows for entry guidelines.

CLASSES AT THE NIGRA ARTS CENTER

See our monthly class calendars at pncreativeartscenter.org/adaptivearts! If you or the people you support would like to take a class, you can register online at <https://bit.ly/PNCCAEvents>, call (518) 661-9932 or email balserm@thearclexington.org.

UPCOMING SOCIAL EVENTS

Paul Nigra Center for Creative Arts, 2736 State Highway 30, Gloversville | 4:00-5:00 p.m. | Free!

All people we support are invited to attend free social events at the Nigra Arts Center! We host several a month that appeal to a variety of interests. Please RSVP by contacting Megan Balser at balserm@thearclexington.org or (518) 661-9932.

MARVEL TRIVIA: Wednesday, February 4 – Join us for a trivia game based on all things superhero!

CRAFT CORNER: Wednesdays, February 11 (Valentine's Day Cards), March 4 (St. Patrick's Day Diamond Art) and April 8 (Spring Diamond Art) – Work on an art project with crafty friends!

SPORTS NIGHT—SUPER BOWL RECAP: Wednesday, February 18 – Rewatch the big game with fellow football fans!

BINGO: Mondays, February 23, March 30 and April 27 – Meet new friends and win great prizes!

LUCK O'THE IRISH DINNER: Wednesday, March 11 – Corned beef, cabbage, carrots, potatoes and shamrock shakes!

EARTH DAY—PLANTING THE SEED: Wednesday, April 15 – Celebrate Earth Day by planting something beautiful!

RC CAR RACING: Monday, April 20 – Bring your own RC car to race or just watch and learn about the hobby!

CONTACT INFORMATION

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