

# AUTISM EXPO 2024

AND

# LIFE AFTER HIGH SCHOOL RESOURCE FAIR

Monday, November 11, 2024, 10:00 AM - 2:00 PM



The Arc Lexington and Saratoga Bridges are proud to present this free community event, which provides resources and activities to families with I/DD and autism.



**WILCENSKI  
PLEAT LAW**



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## WELCOME AND REGISTRATION

M w 1, c yy

## LEARNING SESSIONS

d,, - m A p w

12:15: Dr. Gina Cosgrove

1:15: Edward V. Wilcenski, Esq.

2:15: Dr. Priya Winston, Ph.D.

LMSW, and Rhiannon Fralick

## RAFFLE BASKETS

d,, - m A p w

## FLAME THE BAND

d,, - m A p w

## PHOTO BOOTHS

d w Tw M w 1, c yy

d,, - m

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## AUTISM EXPO VENDORS AND EXHIBITORS

d w Tw

## CHILDREN'S ACTIVITY AREA

d w Tw

Brought to you by CDPHP and the Paul Nigra Center for Creative Arts

## SENSORY AREA

d w Tw

Brought to you by Maria College and The Arc Lexington

## CONSULTATION LOUNGE

d w Tw

Drinks available here

## LIFE AFTER HIGH SCHOOL RESOURCE FAIR VENDORS AND EXHIBITORS

d,, - m

## FAIRY BRAIDS

d,, - m

Courtesy of CW the Spa and Transitions

## RAFFLE FOR YOGIBO CHAIR

d,, - m

Be sure to get your Bingo sheets at the welcome booth! Visit each of the vendors on the sheet to be entered into a raffle to win an iPad.

# B o o ! h i B

Commemorate your time at the 2024 Autism Expo and Life After High School Resource Fair by visiting one of our photo booths! You can find them in the entrance lobby, the Autism Expo main floor and the Life After High School Resource Fair space in Meeting Room 1.

Post your shots on  
social media with  
[#AutismExpo2024!](#)

**PHOTO  
BOOTHS  
BROUGHT  
TO YOU BY:**



e ! o

In Meeting Room B Upstairs

12:15  
PM

### **Setting Goals for Independence: Preparing for Life Beyond the School Setting**



Dr. Gina Cosgrove is a NYS Licensed Psychologist and the founder of Chelsea Place Psychological Services, PLLC. She received her bachelor's degree in Psychology and Child Development from the University of Maine and her doctorate from the University at Albany. She specializes in evaluating children and adolescents on the autism spectrum and is a consultant for school districts. Dr. Cosgrove conducts trainings for educators and families on how to meet the educational and social needs of people on the autism spectrum. She also teaches a graduate course in development at the University at Albany.

1:15  
PM

### **Focusing on the Future: Planning Options for Financial Management and Other Advocacy**



Edward V. Wilcenski, Esq., is the co-owner and co-manager of the law firm Wilcenski & Pleat, PLLC. He practices in the areas of special needs planning, litigation settlement consulting, trust and estate administration, and elder law and long-term care planning. Ed has been in practice for 25 years and cites growing up with his brother as the personal draw into these areas of the law.

1:15  
PM

## Nurturing Self-Advocacy in Young Adults with Autism and Learning Differences



Dr. Priya Winston, Ph.D. LMSW, is the Director of Curriculum and Clinical supports at Transitions, a post-secondary education program for college or career-bound neurodiverse students. She leads and supervises clinical and educational professionals to provide counseling and classroom support as well as oversees the review of all research-based curriculum used in the program. She has ten years of experience in providing counseling, instruction, mentorship and advisement to the Transitions students. Her role has also included fostering partnerships with institutions such as SUNY Cobleskill and the University at Albany. She has developed trainings for faculty, administration, staff and graduate students of colleges and universities on neurodiversity as well. She completed her Ph.D. in social work at the University at Albany.



Rhiannon Fralick is a dedicated and accomplished graduate of the Transitions program at SUNY Fulton-Montgomery, where she earned a series of micro credentials and a Certificate of Completion in Career and Life Studies. With a passion for helping others navigate life's changes, Rhiannon has emerged as a strong advocate for herself and others. As an Ambassador for Transitions, she exemplifies leadership and advocacy for students facing similar challenges. Rhiannon has also served as a Residential Advisor, where she has a skill for fostering a sense of community within the program that has positively impacted the lives of countless students.

Main Entrance

Bridge to Parking

Elevator

Upstairs to Meeting Room 2A  
Learning Sessions  
Raffles  
Flame

Family Restroom

Women's Restroom

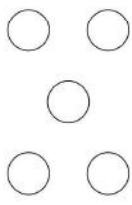
First Aid Station

Registration

Children's Activity Area



Consultation Lounge



Sensory-Friendly Area



Men's Restroom

Women's Restroom

A24 A25 A26

A1

A21 A22 A23

A34 A33 A32 A31 A30 A29 A28 A27  
A35 A36 A37 A38 A39 A40 A41 A42

A2 A3 A4 A5

A18 A19 A20

A50 A49 A48 A47 A46 A45 A44 A43  
A51 A52 A53 A54 A55 A56 A57 A58

A6 A7

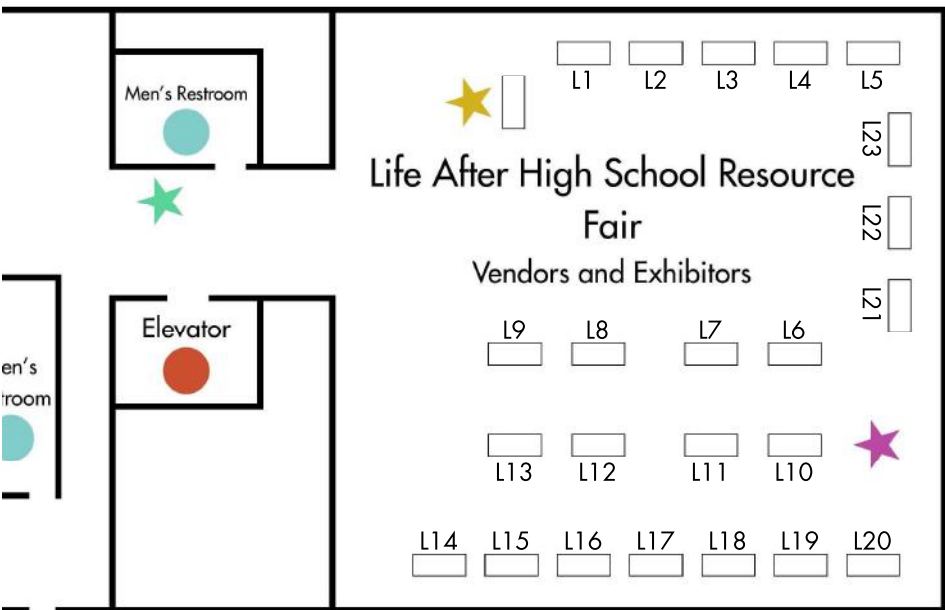
A17 A16 A15 A14 A13 A12 A11 A10 A9 A8

# Autism Expo

## Vendors and Exhibitors

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# AUTISM EXPO 2024

AND

## LIFE AFTER HIGH SCHOOL RESOURCE FAIR

Monday, February 19, 2024, 10:00 AM - 4:00 PM

# AUTISM EXPO VENDORS

- A1: The Social Club
- A2: Saratoga Sensory Occupational Therapy
- A3: LifePlan CCO
- A4: Langan School @ Center for Disability Services
- A5: Behavioral Health Services North
- A6: Empire Neuropsychological Services
- A8 and A9: Bring on the Spectrum
- A10: Creative Harmonies Music Studio
- A11: BluePath Service Dogs
- A13: Camp Spectacular
- A14: Cross Roads Center for Children
- A15: Helping Hands 518 Massage
- A17 and A18: Unspoken Thoughts
- A19: Paul Nigra Center for Creative Arts
- A20: STEP
- A21: Liberty Arc
- A22: Growing Expressions Together Speech Therapy
- A23: Play Move Grow Occupational Therapy
- A24: CDPHP
- A25: Anderson Center for Autism
- A26: Expressive Journeys
- A27: AIM Services, Inc.
- A28: Wildwood Programs
- A29: Parent to Parent of NYS
- A30: Saratoga Bridges
- A31: The Arc Lexington
- A32: Wilcenski & Pleat PLLC
- A33: Adirondack Case Management and Advocacy
- A34: Bouncing Butterflies OT
- A35: The Arc New York
- A36: Northwestern Mutual
- A37: LifeSong Inc.
- A38: Care Design NY
- A39: Saratoga County Department of Health
- A40: Music Speaks Music Therapy Services



A41: Maria College  
A42: Repeat Business  
A43: ENYDDA  
A45: Center for Disability Services  
A46: Special Olympics  
A47: Community, Work and Independence (CWI)  
A49: The Country Witch

A50: Dake Foundation for Children  
A51: Numotion Speech Solutions  
A53: Chapel Hill Display  
A54: COBRA Self-Defense  
A55: Maur Movement  
A57: Patterns Behavioral Services

## LIFE AFTER HIGH SCHOOL RESOURCE FAIR VENDORS

L1: Transitions  
L2: Helping Hands 518  
Massage  
L3: SUNY Empire State  
University Center for Autism  
Advocacy  
L4: Liberty Arc  
L5: WWAARC  
L6: TKT Insurance Agency  
L8: Office for People With  
Developmental Disabilities  
L9: NYSID  
L10: The Arc Lexington  
L13: AIM Services, Inc.

L14: Saratoga County  
Sheriff's Office  
L15: NYSARC Trust Services  
L16: CUSP Educational  
Services  
L17: The Arc Mid-Hudson  
L18: Jan Campito, MS, MPhil  
L20: Southern Adirondack  
Independent Living (SAIL)  
L21: Coarc  
L22: Higher Ground  
Integrated Human Services

# A !

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The artwork seen throughout the Autism Expo and Life After High School Resource Fair was created by artists in adaptive arts programs at the Paul Nigra Center for Creative Arts. For more information about our adaptive arts programs, any of the pieces on the display or to purchase a piece, please contact Brenda Dwyer at [dwyerb@thearclexington.org](mailto:dwyerb@thearclexington.org) or (518) 661-9932.

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## L !

Aerial View #2  
Creative Expressions  
Collaboration  
Mixed Media  
\$625 hanging; \$775 with stand

Working Together  
Creative Expressions  
Collaboration  
Mixed Media, NFS

Aerial View  
Transitions Collaboration  
Mixed Media  
\$625 hanging; \$775 with stand

Small Canvases  
Transitions Collaboration  
Mixed Media, NFS

Dutch Pour Collaborative  
Divider  
Lexington, Transitions and the  
Paul Nigra Center for Creative  
Arts  
Acrylic, \$325

Casting Shadows  
Timothy Boucher  
Mixed Media, \$155

My Passion  
Joshua Brooks  
Acrylic, \$75

Waxing Gibbous  
Joshua Brooks  
Mixed Media, \$85

City Sector  
Tyrel Buchanan  
Mixed Media, \$185

Glitzy Galaxy  
Jake Gleghorn  
Mixed Media, \$85

Crescent  
Ross Carangelo  
Mixed Media, \$85

Full Moon  
Faith LaFountain  
Mixed Media, \$85

Smokey Crystals  
Ross Carangelo  
Mixed Media, \$95

Modern Illumination  
Jennifer Morse  
Acrylic, \$75

Abstract Expression  
Greg Clicquennoi  
Acrylic, \$75

Fork Art  
Thelma Senecal  
Mixed Media, \$225

Peace Signs  
Greg Clicquennoi  
Mixed Media, \$225

First Quarter  
Patrick Subik  
Mixed Media, \$145

Monarch Wing  
Rhiannon Fralick  
Mixed Media, \$75

Crystal Forest  
Dan Thompson  
Mixed Media, \$85

Abstract Forest  
Richard Freeman  
Mixed Media, \$125

Majestic Journey  
Rebecca Umstead  
Mixed Media, \$85

Lime Deposits  
Sean Freiburger and Rachael  
Paz  
Mixed Media, \$445

Thank you to our sponsors for their generous support!



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**TRANSITIONS**



**AIM**  
SERVICES, INC.  
*The power of potential*

