





Name \_\_\_\_\_

Department/Location \_\_\_\_\_

Contact Number \_\_\_\_\_

Please indicate below a goal you wish to obtain while participating in Weight Watchers At Work:

Best time (45 minutes) for me to attend a weekly meeting:

- Between 8 a.m. to 10 a.m.
- Between 10 a.m. to 12 p.m.
- Between 12 p.m. to 2 p.m.
- Between 2 p.m. to 4 p.m.

If the minimum interest participation requirement is met, an Information Session will be scheduled to answer questions and accept registrations.

**Please return to Michelle Peryea, Wellness Program Coordinator, at 127 E. State St, Gloversville, by June 5.**