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**For Immediate Release:**

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Paul Nigra Center  
for Creative Arts

## **Nigra Arts Center to Offer American Red Cross Babysitting Course for Teens**

*Gloversville* – The Paul Nigra Center for Creative Arts is offering an American Red Cross Babysitting Course at its facility at 2736 State Highway 30, Gloversville. The one-day course will be held on Saturday, May 4, 8:30 a.m. to 4 p.m. The fee is \$125.

The purpose of this course, recommended for ages 11-15, is to provide youth with the knowledge and skills necessary to safely and responsibly care for children and infants. Students will develop leadership skills, learn how to build a babysitting business, gain skills to keep themselves and others safe, develop techniques to help children behave and learn about basic childcare and first aid.

Other topics covered in this comprehensive course include communication skills, decision-making models, finding babysitting jobs safely, recognizing and fixing safety issues, identifying typical behaviors for children based on their ages and stages of development, the different types of childcare, recognizing and taking action during an emergency, and basic childcare skills such as diaper changing and holding and feeding infants and toddlers.

For more information about this course or to sign up, please call (518) 661-9932 or visit [www.pncreativeartscenter.org](http://www.pncreativeartscenter.org).

***About the Paul Nigra Center for Creative Arts:***

*The Paul Nigra Center for Creative Arts is a beautiful, year-round arts center open to the community. It houses premium art venues, hosts fun family events and provides educational opportunities for persons of all ages and levels of ability. The Nigra Arts Center was founded in 2015 by Lexington, a chapter of The Arc New York, an accredited, award-winning provider of disability services, whose employees work tirelessly to support people with disabilities and believe that every person can achieve success and fulfillment.*

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