



## 2016 First Quarter Wellness Rewards Points Raffle Winners

*The following employees are the top 25 employees who earned the most Wellness Rewards Points in the first quarter. They each earned between 245 and 448 Rewards Points by using the tools available to them on the Lexington Wellness Website, such as the exercise and food logs, as well as completing the healthy workshops and seminars. This is a great way to keep yourself on track to a healthy lifestyle! Please take the time to congratulate them for a job well done!*

*Terri Savlov - Community Day Hab*

*Marie Paul - Senior Day Hab*

*Joanne Frye - MSC Department*

*Lori Semprevio - Habilitation Coordination*

*Holly Daley - Nursing/Mountain View II*

*Spring Shepherd - Pine Hills Day Hab*

*Mary Peterson - Article 16 Clinic*

*Elaine Jacksland - Medical Services/Training*

*Maria Bingerman - Senior Day Hab*

*Michele Lake - Medical Service Coordinator*

*Patricia Tylutki - Gloversville Day Hab*

*Carol Castiglione - Senior Day Hab*

*Deborah McCumber - Residential*

*Peter Giblin - Community Day Hab*

*Jennie Knowlton - Adirondack Day Hab*

*Cathy Acquilla - Mayfield*

*Christian Bridge - Ferguson and Paradise*

*Laurie Close - Good Neighbor Day Hab*

*Nancy Hadland - Day Hab Nursing*

*Stacy Ashe - Employment Resources*

*Cindy Scunziano - Nursing*

*George Grosse - Employment Resources*

*Janie Griffin - Lake Ave*

*Sharon Gifford - Phelps Street*

*Charlyn Moore - Good Neighbor Day Hab*

***Each of the above employees were entered into a raffle for the \$50 Chamber Checks given away each quarter. The winners are:***

***Peter Giblin***

***Elaine Jacksland***

***Michele Lake***

***Joanne Frye***

***Marie Paul***

***Sharon Gifford***

***Deborah McCumber***

***Stacy Ashe***

***Jennie Knowlton***

***Holly Daley***

***Please contact Michelle Peryea at 518-775-5420 to claim your prize.***

Everyone started fresh with Rewards Points as of today, April 1. If you are an employee enrolled in Lexington's Medical Plan and would like to be eligible for the next quarter's tablet raffle, then get involved today! You can earn points in a variety of ways. Earn points daily in 2016 by logging your exercise, food and strength training on your wellness website. You can earn one point a week for logging your weight. Enroll in a Lexington Wellness Workshop and earn five points upon completion. And don't forget the Wellness Challenges! If you register and complete the Challenge goal, you earn 30 Wellness Rewards Points. It is that simple. Don't hesitate. Start today so you can be one of the top 25 employees next quarter. **GOOD LUCK!**