



If you and your spouse are enrolled in Lexington Medical Plan, a routine physical exam is required. It must be completed in 2014 or 2015 in order to be eligible to receive the Lexington Wellness Medical Plan Premium Savings in 2016.

If you are a Lexington Employee and need a physical exam in 2015, Dr. Linda Christie, our Medical Director, and Anne Hanson, FNP are continuing to offer **free** Routine Physical Exams to ALL Lexington employees. **There is a change in how often they will be offering employee routine physical exams. THE FINAL DATE TO HAVE A PHYSICAL WITH ANNE AND DR CHRISTIE IN 2015 IS DECEMBER 4. EMPLOYEE PHYSICALS WILL NOT BE SCHEDULED OR PROVIDED AFTER DECEMBER 4.**

Dates and times of physical appointments are limited. You must call and schedule an appointment. If you are a Fulton County employee, contact Sharon Autilio at (518) 775-5350 to schedule yours.

PRACTITIONER	DATE PHYSICALS TO BE PROVIDED	TIME
Anne Hanson, FNP	Friday, September 18	9AM to 12:30 PM
Dr. Linda Christie	Friday, September 25	9AM to 12:30 PM
Anne Hanson, FNP	Friday, October 9	9AM to 12:30 PM
Dr. Linda Christie	Friday, October 16	9AM to 12:30 PM
Anne Hanson, FNP	Friday, November 6	9AM to 12:30 PM
Dr. Linda Christie	Friday, November 20	9AM to 12:30 PM
Anne Hanson, FNP	Friday, December 4	9AM to 12:30 PM

To find out when physical appointments are available for Albany County Employees, contact Teresa Wands at (518) 218-7317 to schedule an appointment.

****All employees must establish a primary care physician outside of work even if they have had a physical with Dr. Linda Christie or Anne Hanson, FNP.***

Questions? Please contact Michelle Peryea, Wellness Program Coordinator, at (518) 775-5420 or via email at peryeam@lexcenter.org or Bridgett Nestor at (518) 775-5422 or via email at nestorb@lexcenter.org.