CDPHP

Here to support you in your journey toward a healthier life.

Lexington Center Choice PPO Health Plan

	In-Network	Out-of-Network
Annual Deductible		
Individual Coverage	**$500 Combined In & Out-of-Network**	
Two-Person Coverage	**$1,000 Combined In & Out-of-Network**	
Family Coverage	**$1,250 Combined In & Out-of-Network**	
Out-of-Pocket Maximum		
Individual Coverage	**$2,000**	**None**
Two-Person Coverage	**$3,500**	**None**
Family Coverage	**$4,000**	**None**
	Annual out-of-pocket maximum includes deductible, copayment, and coinsurance for medical and pharmacy services.	
Physician Services		
Office visits - PCP/Specialist	**Deductible then $50 copayment**	**Deductible then 40% coinsurance**
Outpatient Surgery Office	**Deductible then $50 copayment**	**Deductible then 40% coinsurance**
Preventive Care	**Covered in Full**	**Deductible then 40% coinsurance**
Hospital Services		
Inpatient Hospital, semi-private room	**Deductible then $500 copayment** Max 2 copays per person per calendar year	**Deductible then 40% coinsurance**
Outpatient Surgery Facility	**Deductible then $300 copayment** ***Covered in full at St. Mary's Healthcare***	**Deductible then 40% coinsurance**
Emergency Care	**Deductible then $125 copayment (waived if admitted)**	
Urgent Care	**Deductible then $50 copayment**	
Prescription Drug Coverage - Retail 30 day supply		
Tier 1	**$10 Copayment**	**Not Covered**
Tier 2	**$50 Copayment**	**Not Covered**
Tier 3	**$100 Copayment**	**Not Covered**
Tier 4 - Specialty medications	**20% Coinsurance** ($800 max)	**Not Covered**
Tier 5 - Specialty medications	**30% Coinsurance** ($1,200 max)	**Not Covered**
	Members are required to obtain 90 day supplies of maintenance medications by mail order or at a retail CVS pharmacy. Maintenance prescriptions must be moved to a 90 day supply after initial fill and two refills.	
Prescription Drug Coverage - Mail order & CVS retail 90 day supply, specialty medications are provided in 30 day supplies only.		
Tier 1	**$20 Copayment**	**Not Covered**
Tier 2	**$100 Copayment**	**Not Covered**
Tier 3	**$200 Copayment**	**Not Covered**

Save on out-of-pocket costs with preferred providers!

Save on your out-of-pocket costs for lab work or radiology services,
by choosing a preferred location!

- ✓ Ask your provider for a prescription for the services needed
- ✓ Then, choose a preferred site to have the testing covered in full or at a reduced cost for most CDPHP® plans
- ✓ Search for a preferred location by using **findadoc.cdphp.com** and selecting "Preferred Laboratory" or "Preferred X-Ray & Radiology"

Interested in saving money on outpatient facility services?

When you need outpatient facility services, you can save on your out-of-pocket costs simply by choosing Lexington Center's preferred location, St. Mary's Healthcare, in Amsterdam, New York.

St. Mary's Healthcare is pleased to provide outpatient facility services to Lexington Center participants, at no out-of-pocket cost to you.* A sample of available outpatient facility services include, but are not limited to:

- Diagnostic testing
- Lab work
- Radiology
- High-tech imaging
- Outpatient surgery
- Rehabilitative therapy
- Obstetrical procedures
- Gastrointestinal procedures

Only billed outpatient facility services will apply the $0 out-of-pocket cost. All other services will apply the applicable deductible and/or copayment. To inquire about specific services, please call member services at the number on your ID card.

*Emergency room and urgent care services do not apply. Refer to your member materials or call member services at the number on your ID card to determine which services are applicable to the deductible, copayment, and/or coinsurance.

Rx for Less

1¢

Generic prescription drug cost-savings program

Medications to treat asthma, cholesterol, diabetes, and more

Medications available for as little as a penny a pill at participating locations

CVS pharmacy™
Available at CVS/pharmacy locations in Target stores

Hannaford

Price Chopper

MARKET 32 BY PRICE CHOPPER

Shaw's Rx Pharmacy

Walmart
Save money. Live better.

CVS/Caremark – ExtraCare Health Card

Offers 20% discount on more than 1,300 CVS/pharmacy brand products!

Items eligible for the discount include:

- Allergy remedies
  Decongestant
  Loratidine (compare to Claritin®)
- Baby care
  Diaper rash ointment
  Digital thermometer
- Cold remedies
  Cough drops
  Cold and flu relief
- Eye and ear care
  Contact lens solution
  Ear plugs
- First aid
  Adhesive strips
  Anti-bacterial ointment
- Home diagnostics
  Blood pressure cuff
  Glucose meter
- Nicotine replacements

(List is not inclusive and is subject to change. Certain restrictions apply.)

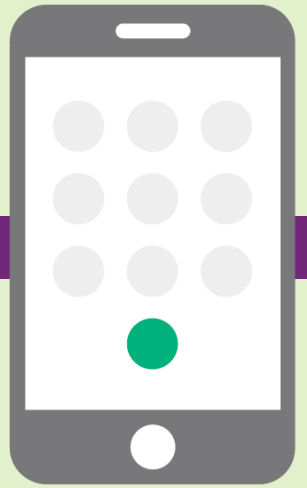
CDPHP Price Check

PRICE CHECK™

Moving transparency forward like never before

Call CDPHP for a live, local rep for a price on common health care services, including:

- MRI
- Gall bladder removal
- Knee replacement
- And more!



Shop around for the best possible price

CDPHP Care Team

To talk one-on-one with a member of the CDPHP Care Team, call1-800-365-4180.

Brook – your personal health companion

brook

Making it easier to live healthy.

Whether you're trying to manage diabetes, hypertension, or your overall health, Brook can help you when and where you need.

CDPHP® members receive full access to the app at no cost.*

- Chat with registered dietitians and certified diabetes educators seven days a week
- Get **24/7** personalized advice about your health
- Track and monitor your meals, exercise, sleep, medication, and more
- Work with an expert to set health goals
- Download reports to share with your doctor
- Receive motivational messages to help you stay on track

Get started on your journey with Brook:

DOWNLOAD THE APP

Search "Brook health" in the App Store or Google Play and download the Brook Health Companion app.

SET UP YOUR ACCOUNT

Open the app and follow the instructions to sign up. Enter your member ID on your insurance card for free access.

YOU'RE READY TO GO!

Enter data by tapping the + sign, and chat with health experts any day of the year by tapping "Care Circle."

www.cdphp.com/HealthApp

For technical issues, please email **support@brook.health** or call 1-800-266-4407.

Download on the App Store | GET IT ON Google Play | Text "Brook" to 41411

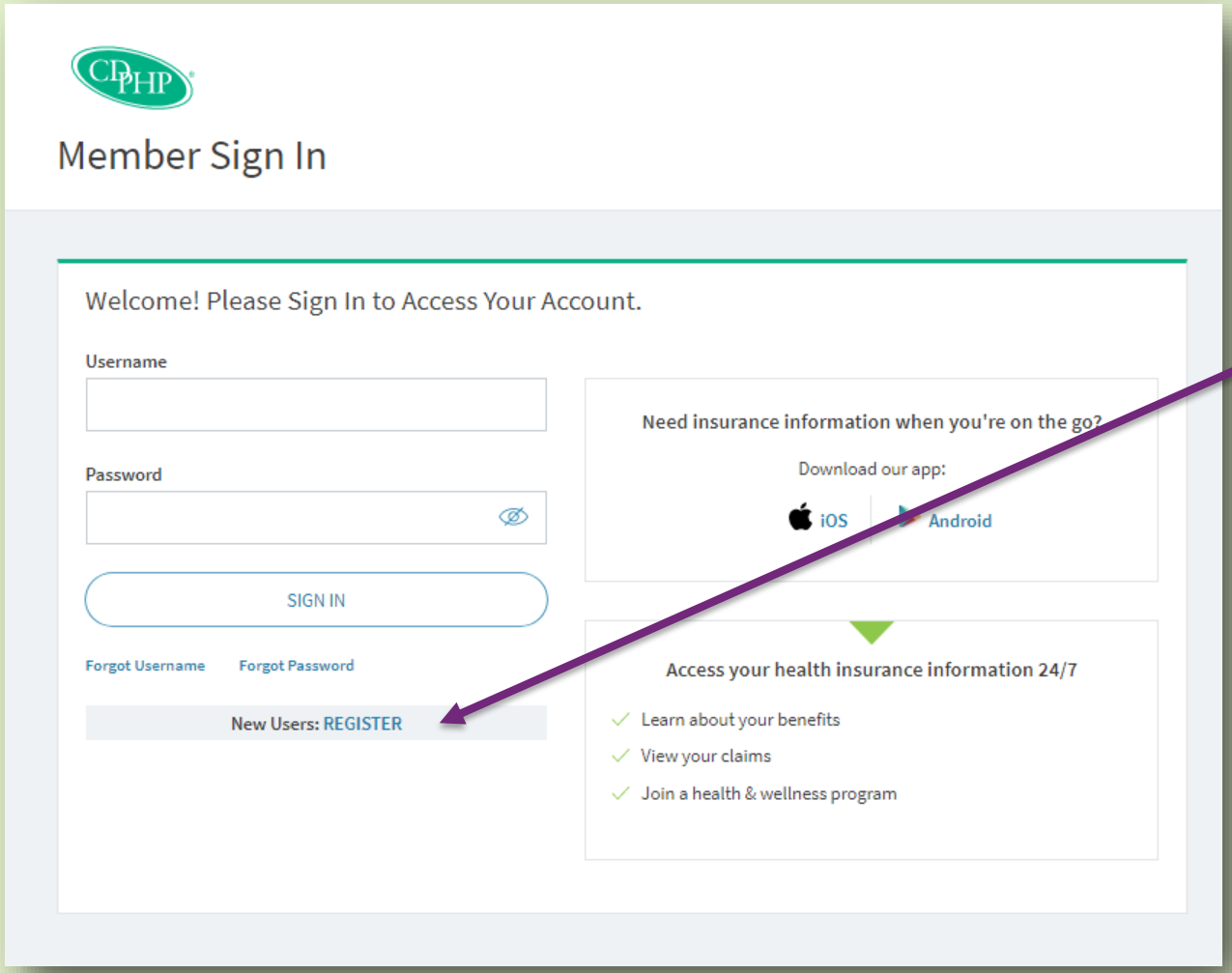
CaféWell

- CaféWell – an interactive health and wellness website designed to:
  - Encourage long-term healthy behaviors
  - Provide access to programs that can help you quit smoking, lose weight, sleep better, and more!
- Personal Health Assessment – “Know Your Numbers”
- Wellness Resources – visit www.cdphp.com/wellness
- Lexington Center has onsite (secure and confidential) resources available to you – contact Michelle Peryea for more information

CDPHP Member Account Registration

First, go to **member.cdphp.com**

NEW!



Then, click “Register”

What You Can Do Online

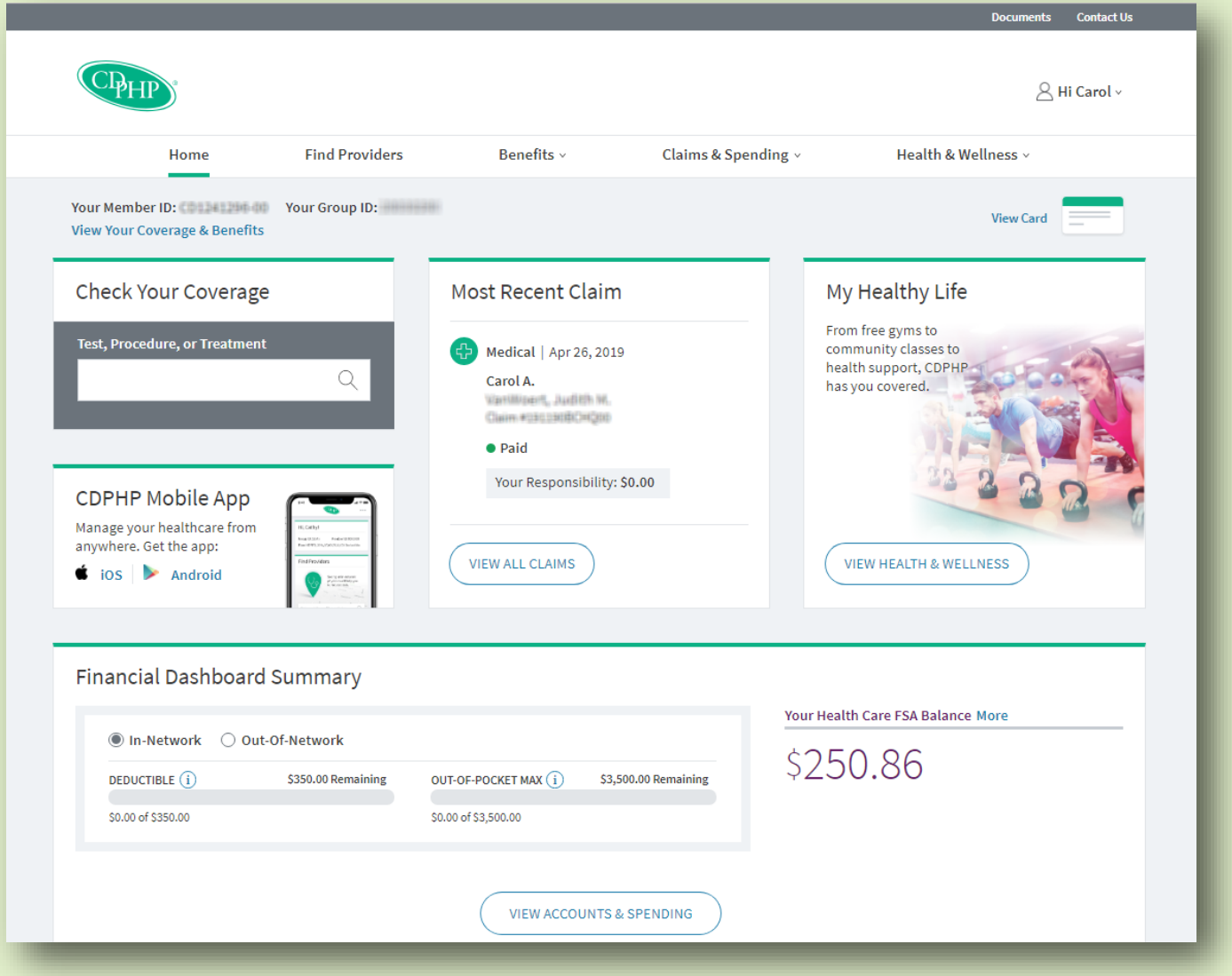
View benefits
Get access to medical benefits, prescriptions, dental, health funding accounts, and more

CDPHP ID card
Print a copy, order a new card

Manage claims and spending
Review explanation of benefits (EOB), submit HRA/HSA/FSA claims

Update contact information

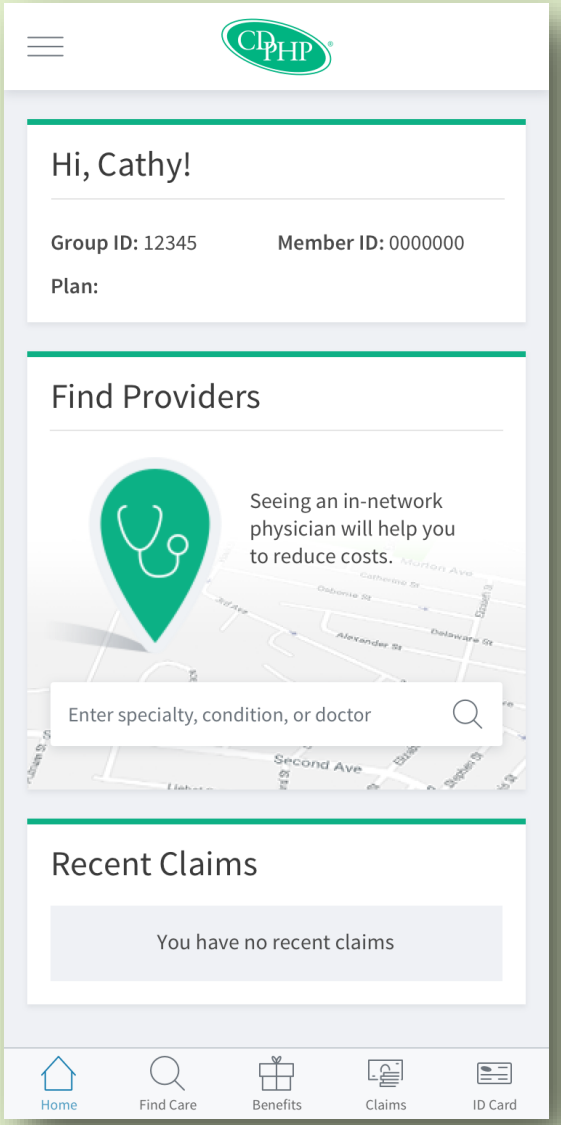
Find-A-Doc

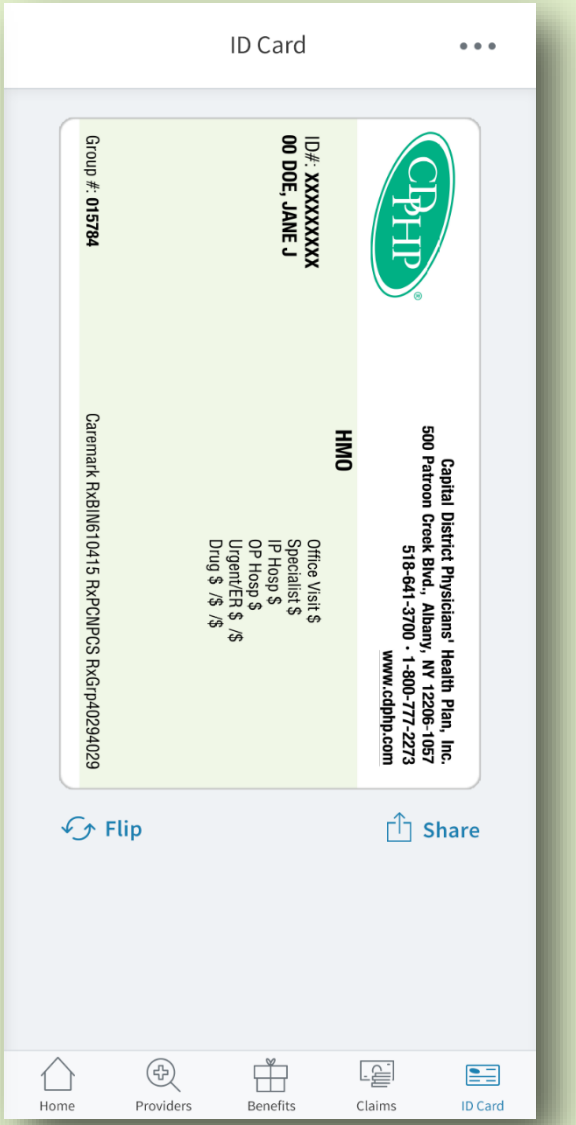


My CDPHP App

The new app is easy to use and gives you quick access to:

- Benefit details
- Claims status
- ID card
- Financial information





Find-A-Doc

Visit **findadoc.cdphp.com**

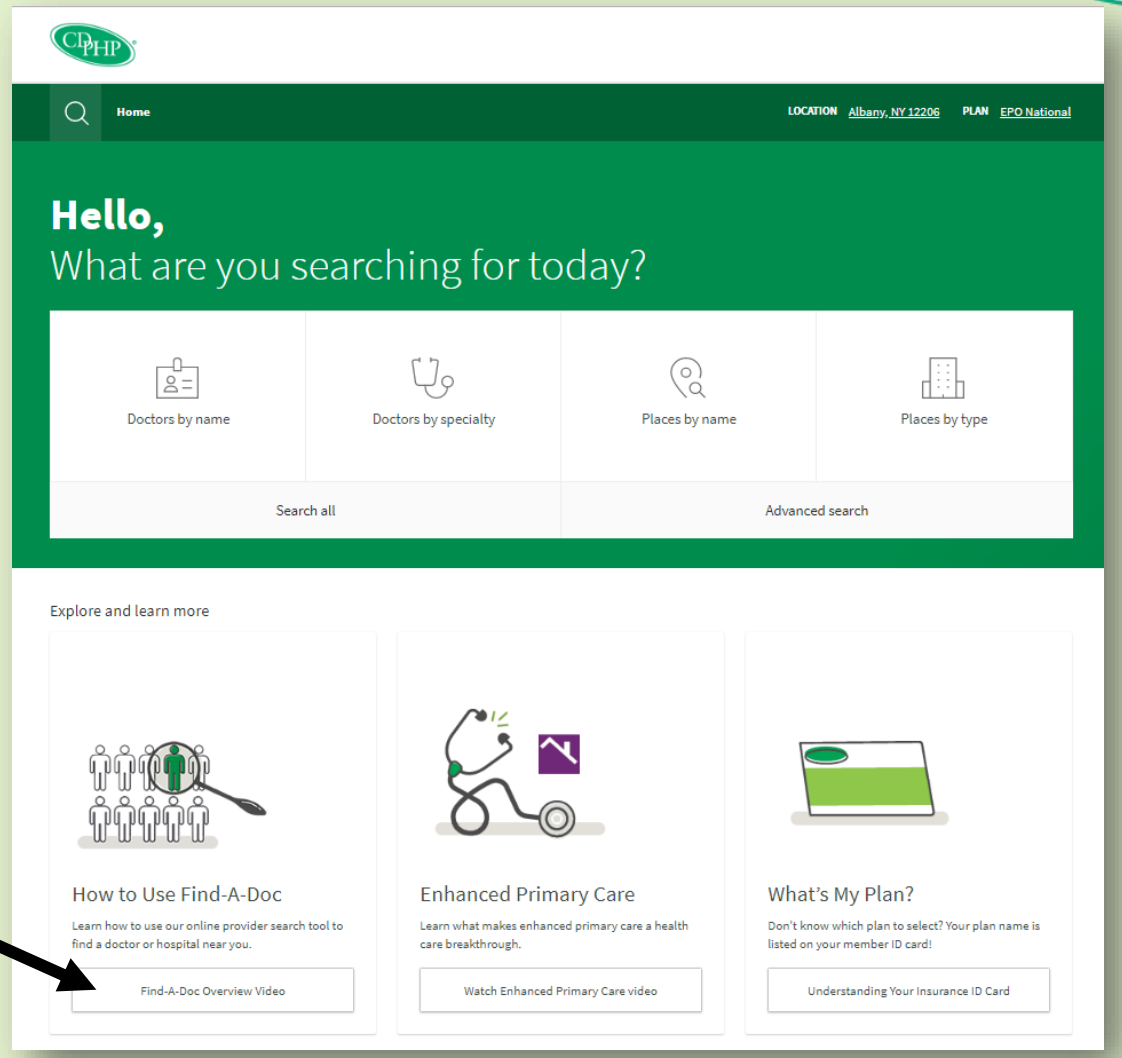
First:

- Enter the location you're looking for
- Select your plan

Then search:

- Doctors by Name
- Doctors by Specialty
- Places by Name
- Places by Type

Check out the Find-A-Doc overview video!



Questions?