

WELLNESS RECOGNITION

The Workforce Challenge is a 5K that takes place at the Empire State Plaza in Albany each year. **This year, it happened on Thursday, May 19, 2016.** Below is a picture of Lexington's 2016 CDPHP Workforce Challenge Team. Eight Lexington participants completed their first 5K at this event: **Lynette May, Lori White, Fran Schneider, Karlene Rulison, Jill Cassaro, Heather Tomlinson, Jane Queeney and Sandy Hurlbert.** Awesome turnout and great job everyone!

A special THANKS to Toni Persch for being our Team Captain once again and keeping us all organized!

Here are just a few comments shared from the participants about the event:

Had a great time. Definitely in next year. – Lori White

Count me in for next year as well! Had a great time. 😊 – Heather Tomlinson

Count me in as well. 😊 – Jennifer Monroe

Thank you – I had a blast and I am definitely doing it in 2017! – Jill Cassaro

Can we sign up now for next year? – Karlene Rulison

I had an absolute blast! Thanks, everyone, for all the laughs. 😊 – Keiley Cirillo

Thank you, Toni, for the beautiful shirts. I love the color. I had a great time. Can't believe that I hadn't done it before. Count me in for next year. – Sandy Hurlbert

What a great group we had this year. It was nice to have so many new people joining and experiencing the excitement of 10,000 people. Everyone sign up early next year and bring a friend! – Toni Persch



Starting top left: Lynette May, Bridgett Nestor, Jean Ginter, Christian Bridge, Rene Dutcher, Lori White and Keiley Cirillo. Bottom row: Fran Schneider, Karlene Rulison, Jennifer Monroe, Bernadette Williams, Andrea Shepard, Michelle Peryea, Jill Cassaro, Toni Persch, Heather Tomlinson, Brenda Smith and Sandy Hurlbert. Missing: Jane Queeney and Jim Yanno