

October 1, 2015

## For Immediate Release:

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## Transitions to present conference on building independence for students with learning differences

*Gloversville, N.Y.* – On Monday, Oct. 19, Transitions will host a conference about supports and interventions for young adults with learning differences after they leave home. Throughout the day, two special guests will give presentations detailing strategies to build independence for students with autism, ADHD and other learning differences.

Registration will begin at 8:30 a.m. and from 9:30 a.m. to noon, Dana Reinecke, Ph.D., BCBA-D, will present "10 Things to Know Before You Leave Home." This lecture is relevant for parents and teachers of younger children as well as caregivers, support staff and individuals with disabilities in adolescence and adulthood. It will focus on strategies for building independence for young adults with disabilities. Dr. Reinecke will discuss basic techniques from applied behavior analysis for teaching new skills, with specific applications to ten skills necessary for independent living. She will also talk about maintenance strategies, emphasizing self-management for lifelong autonomy.

From 1 to 3 p.m., Dr. Gina Cosgrove will present "Executive Functioning Strategies for Students with ADHD and Related Learning Challenges." This discussion will cover the basics of how to evaluate a student's executive functioning needs, including checklists, testing and observations, and then review research-based strategies to help with planning interventions and implementing them in different settings.

## What: TRANSITIONS Conference

# *"Strategies to Build Independence for Students with Autism, ADHD and Other Learning Differences"*

Presented by Dana Reinecke, Ph.D., BCBA-D, and Gina Cosgrove, Psy.D., NYS Licensed Psychologist

When: Monday, October 19, 9 a.m. - 3:30 p.m. (registration begins at 8:30 a.m.)

Where: TRANSITIONS 2736 State Hwy 30, Gloversville, NY 12078 (45 minutes west of Albany)

#### Cost: \$90

There is no fee for parents of individuals with a learning difference or the first ten high school educators who register. Contact <u>admissions@transitionsusa.org</u> for a code to waive your fee.

**Contact and Registration Info:** Call Terry Williams at (518) 775-5384, email admissions@transitionsusa.org or visit <u>http://conta.cc/1L4WBZA</u>.

## About Dana Reinecke, Ph.D., BCBA-D

Dana Reinecke is a doctoral level board certified behavior analyst (BCBA-D) and a New York State licensed behavior analyst (LBA). She has provided training and consultation to school districts, private schools, agencies and families of individuals with disabilities throughout New York as well as in Mexico, Australia and Northern Ireland. She has presented original research and workshops on the treatment of autism and applications of ABA at regional, national and international conferences. She has written research published in peer-reviewed journals, written chapters in published books, and co-edited books on ABA and autism. Reinecke recently served as an assistant professor and the department chair for the Center for Applied Behavior Analysis at The Sage Colleges. As of September 2015, she <del>will be</del> has been an assistant professor in the CASE program (Concentration in Autism and Special Education) at Long Island University. She has served as a representative-at-large (2010-2012) and secretary (2012-2014) and is currently serving as president-elect (2015-2016) and conference co-chair for the New York State Association for Behavior Analysis.

## About Gina Cosgrove, Psy.D., NYS Licensed Pyschologist

Dr. Gina Cosgrove received her bachelor's degree in Psychology and Child Development from the University of Maine and her doctorate from the University at Albany. She specializes in conducting evaluations for children and adolescents on the autism spectrum and is a consultant for local school districts. Dr. Cosgrove conducts trainings for educators and families regarding how to meet the educational and social needs of individuals on the autism spectrum. She teaches a graduate course in development at the University at Albany.

### About Transitions

Transitions is a supportive Apprenticeship for young men and women with autism spectrum disorders including Asperger's syndrome, ADHD, dyslexia, nonverbal learning disabilities, visual or hearing impairments, medical conditions and other learning differences who want to attend college and/or prepare for a career, but may require academic, social, medical and/or emotional support.

The Transitions program's curriculum focuses on building academic, employment, life and general independence skills. Both full-year College and Career Apprenticeship programs are offered, as well as a three-week Summer Immersion Experience. Visit <u>www.transitionsusa.org</u> for more information.