

# LEXINGTON HAPPENINGS



Welcome to "Lexington Happenings," a collection of things to do and see and experience at Lexington!

TUESDAY, SEPTEMBER 27, 2016



Lexington honored its outstanding employees in its annual Employee Recognition ceremonies during the Nurturing Environment Meetings on September 14 in Johnstown and September 15 in Albany. 186 employees were given special awards for outstanding service based on nominations by their peers and supervisors. At the Albany meeting, Lewis DcDonough (right) presented Leasa Burch with flowers as a special token of his own appreciation for all she does for him. Thank you to all of our wonderful employees for the service you give to the people we support!

## EVENTS THIS WEEK — SEPTEMBER 27 TO OCTOBER 3

Tuesday, September 27 | 5:30—7:30 p.m.

**MUSIC THERAPY FOR SCHOOL-AGE CHILDREN DIAGNOSED ON THE AUTISM SPECTRUM | Lexington Family Services, 43 Harrison Street, Gloversville.** *Fun-filled musical activities where music is used within a therapeutic relationship to address physical, emotional, cognitive and social needs. Every Tuesday in September. Ages 3-12 from 5:30 to 6:30 p.m.; ages 13-21 from 6:30 to 7:30 p.m. All are welcome to attend. Please call Family Services at (518) 773-2014 to RSVP. Transportation and respite are provided upon request.*

### MANAGERS:

Please post/share this information with your staff.

Does your program have an event/information you'd like listed here? Please send all information to Megan Balser ([balserm@lexcenter.org](mailto:balserm@lexcenter.org)) at least two weeks in advance of the event. For community events in Fulton or Albany Counties, please visit the links below.

### COMMUNITY EVENTS

**FULTON COUNTY:**  
[fultonmontgomeryny.org](http://fultonmontgomeryny.org)  
[44lakes.com](http://44lakes.com)

**ALBANY COUNTY:**  
[albany.com/events/](http://albany.com/events/)  
[events.timesunion.com](http://events.timesunion.com)

## EVENTS NEXT WEEK — OCTOBER 4 TO OCTOBER 11

Tuesday, October 4 | 5:30—7:30 p.m.

**MUSIC THERAPY FOR SCHOOL-AGE CHILDREN DIAGNOSED ON THE AUTISM SPECTRUM | Lexington Family Services, 43 Harrison Street, Gloversville.** *Fun-filled musical activities where music is used within a therapeutic relationship to address physical, emotional, cognitive and social needs. Every Tuesday in October. Ages 3-12 from 5:30 to 6:30 p.m.; ages 13-21 from 6:30 to 7:30 p.m. All are welcome to attend. Please call Family Services at (518) 773-2014 to RSVP. Transportation and respite are provided upon request.*

Tuesday, October 11 | 5:30—7:30 p.m.

**MUSIC THERAPY FOR SCHOOL-AGE CHILDREN DIAGNOSED ON THE AUTISM SPECTRUM | Lexington Family Services, 43 Harrison Street, Gloversville.** *Fun-filled musical activities where music is used within a therapeutic relationship to address physical, emotional, cognitive and social needs. Every Tuesday in October. Ages 3-12 from 5:30 to 6:30 p.m.; ages 13-21 from 6:30 to 7:30 p.m. All are welcome to attend. Please call Family Services at (518) 773-2014 to RSVP. Transportation and respite are provided upon request.*

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## LEARNING ABOUT RESOURCES, GAINING EMPLOYMENT (L.A.R.G.E)

Below are the dates and times for the Student Transitional Education Program (STEP)'s series of career classes for individuals who are employed and want to enhance their skills or who are interested in getting a job and want to build their skills. If you are employed, receive supported employment services or want to be employed, you are welcome to attend any session. Please call STEP at (518) 736-4169 to RSVP.

Thursday, September 29 | 1:00—3:30 p.m.

**EMPLOYMENT READINESS CLASS | Employment Resources, 199 S. Main Street, Gloversville.** *The purpose of this class is to help you identify your work interests and job skills and set you on the path toward finding a job that's right for you. This is a continuation of the Employment Readiness Class held on September 8.*

Friday, September 30 and October 7 | 8:00—9:00 a.m. (Every Friday in September and October)

**CAREER COACHING FOR THE WORKPLACE | The Center at Lexington, 465 N. Perry Street, Johnstown.** *In school, students receive grades for math, English, science and social studies, but usually not for dealing with difficult situations, showing compassion or solving an unexpected problem. In the workplace, these skills are a necessity. Come to these coaching sessions to network with others who also want to improve these skills, with the support of employment specialists from Employment Resources. This class will be held in the old CDT space at 465 N. Perry St., Johnstown.*

### EARN A BONUS FOR RECOMMENDING EMPLOYEES!



The leaves have not even started falling off the trees and the snow shovels are still in the shed, but the holiday season is coming! Whether you are recovering from the bills associated with “back to school” clothing and supplies or thinking ahead to the holiday season of gift giving, Lexington can help with some of those expenses and you can also help Lexington by referring qualified candidates.

If we hire a person you referred, you could earn up to a \$500 bonus. By referring someone you're helping us recruit potential employees and you can make extra money! There's no limit to how much you can earn by referring candidates we hire. Give an application to a friend or family member today, or have them apply online. Just make sure they list your name on the application as the referral source.

Apply online at [www.lexingtoncenter.org](http://www.lexingtoncenter.org)!

## WELLNESS TOGETHER

### DANCE AEROBICS



Come and have fun dancing your way into shape! No experience needed. This is Latin-based dance aerobics, a fun way to get in shape and stay in shape. This program accommodates all fitness levels. No experience needed. Bring a hand towel, water and a smile! You do not need to attend for the full hour. Eligible employees that attend will be awarded 10 Wellness Rewards points. Register today by logging on to your Lexington Wellness Website at [lexingtonwellness.bepurewellness.com](http://lexingtonwellness.bepurewellness.com) and going to “Events” or by calling Rene Dutcher at (518) 775-5429.

### DATES, TIMES & LOCATIONS

Tuesday, October 4 | 4:30—5:30 p.m. | Gymnasium, 127 E. State Street, Gloversville

Tuesday, October 11 | 4:30—5:30 p.m. | Gymnasium, 127 E. State Street, Gloversville

### FIT BEFORE THE FEAST WELLNESS WALK



Up your game by adding steps to your daily total when you join in any of these Wellness Walks. As the weather brings cooler temperatures and changing leaves, let’s enjoy walking outside! Please be sure to wear appropriate shoes and bring water to drink. Eligible employees that attend will be awarded 10 Wellness Rewards Points. Register today by logging on to your Lexington Wellness Website at [lexingtonwellness.bepurewellness.com](http://lexingtonwellness.bepurewellness.com) and going to “Events” or by calling Rene Dutcher at (518) 775-5429.

### DATES, TIMES & LOCATIONS

Tuesday, October 4 | 3:30—4:00 p.m. | Indoor Track, 465 N. Perry Street, Johnstown

Wednesday, October 5 | 7:30—8:00 a.m. | Gymnasium, 127 E. State Street, Gloversville

Thursday, October 6 | 3:30—4:00 p.m. | Reception Area, 405 County Highway 114, St. Johnsville

*\*\*Prior to attending any program, please ensure you have received approval from your medical practitioner.*

### FITNESS AREAS AVAILABLE AT CERTAIN LEXINGTON LOCATIONS FOR EMPLOYEE USE

We are extending the availability of the established fitness areas listed below for employee use! In the past, we have kept fitness centers for the use of individuals we support and employees working with them for the Wellness Together program. Now this equipment will be available to employees outside of work hours as well. Come use these spaces just before or after work and avoid the interruptions that prevent you from exercising at home! This equipment will help you reach your personal fitness goals, complete employee Challenges and relieve stress.

Before using this equipment, you must contact the site’s point people for an orientation. You must sign in and out when you use the equipment. The equipment will still be available during the day for employees supporting individuals in Wellness Together Challenges. If you have questions, please contact one of the site’s point people.

LOCATION	EQUIPMENT AVAILABLE	TIMES OF OPERATION	POINT PEOPLE
465 North Perry Street Johnstown	Treadmill Stationary Bike Weights and Exercise Mats TV with Exercise Videos	Monday through Friday 6:30—8:30 a.m. 2:30—6:00 p.m.	Mary Peterson (518) 736-3937 Ginny Turner (518) 736-3887
127 East State Street Gloversville	Treadmill Stationary Bike General Gym Usage (a.m.)	Monday through Friday 6:30—8:30 a.m. 3:00—6:00 p.m.	Sara Brown Chris Sutherland (518) 773-7931

## ANNOUNCING THE “FIT BEFORE THE FEAST” TEAM STEPS CHALLENGE

This is a three-week team steps Challenge focused on increasing physical activity to help you get in shape before the holiday festivities start. As the fall weather brings cool temperatures and changing leaves, let’s take advantage of the great outdoors and exercise outside! Start thinking about your team and how you can work together to support each other to take a few more steps. You can sign up for the Challenge until **Sunday, October 2**. The Challenge will run from **Monday, October 3 to Monday, October 24**.

### CHALLENGE GOALS:

1. Complete at least 35,000 steps each week of the Challenge (5,000 steps per day)
2. Log your steps on your Lexington Wellness Website. Steps should be measured on a pedometer, via a mobile app or through minutes of exercise. Instructions will be provided the first week.
3. Complete all required tasks on your To-Do list.

Teams must have four or more members. If you have fewer than four people interested at your site, contact Michelle Peryea to be placed in an active team. Team size does not affect the end results. To sign up for the Challenge or view instructions, log onto your Lexington Wellness website at [lexingtonwellness.bepurewellness.com](http://lexingtonwellness.bepurewellness.com).

If it is difficult for you to meet the requirements of a Challenge because of a medical condition, contact Michelle Peryea at (518) 775-5420 or [peryeam@lexcenter.org](mailto:peryeam@lexcenter.org) to develop an alternative to qualify for the rewards. If you have any other questions, contact Michelle or Rene Dutcher at (518) 775-5429 or [dutcher@lexcenter.org](mailto:dutcher@lexcenter.org).

### EARN PRIZES WHEN YOU PARTICIPATE IN THE CHALLENGE!

**30 WELLNESS REWARDS POINTS** for eligible employees who log at least 105,000 steps (5,000 steps per day) by the end of the Challenge and complete all required tasks.

**30 MORE WELLNESS REWARDS POINTS** for eligible employees who register as Wellness Buddies in the Wellness Together “Fit Before the Feast” Exercise Minutes Challenge AND support a participant (not an employee) to reach the Challenge Goal.

**A RAFFLE** for three teams per challenge in which each member completes the Challenge goal. The teams selected will receive \$100 to spend on the team. Each eligible member will also receive 15 Wellness Rewards Points.

**RAFFLE FOR ADDITIONAL PRIZES** for those who meet the Challenge goals or are successful Wellness Buddies in the Wellness Together Challenge but aren’t eligible to earn Wellness Rewards Points.

### LEXINGTON MEDICAL CARE PLAN REQUIREMENTS

To receive their premium savings in 2017, Lexington employees and spouses enrolled in Lexington’s medical plan must complete a biometrics screening, a CDPHP Personal Health Assessment in 2016, as well as a routine physical exam every two years. In addition, employees must:

- complete the Tobacco Free Affidavit or Reasonable Alternative Smoking Cessation Workshop by December 31
- receive a verified blood pressure measurement equal to or less than 119/79 by December 15 OR read the “Release the Pressure” document provided by CDPHP and complete the corresponding quiz on the Lexington Wellness Website by December 31

If you have any questions, please contact Michelle Peryea, Wellness Program Coordinator, at (518) 775-5420.

## LAST FREE BIOMETRICS SCREENINGS IN 2016

Lexington has partnered with CDPHP and St. Peter's Cardiac and Vascular Center to offer on-site biometric screenings that include blood pressure, body composition analysis, body mass index (BMI), glucose and cholesterol levels. These screenings can help identify health issues and allow you to work with your physician to lower your risks for certain conditions.

CDPHP members should bring their CDPHP identification card. Following the screenings, participants will meet with a CDPHP health educator one-on-one to review their results and receive information about many of the value-added services that are available to CDPHP members. Before leaving your screening, you will be asked to complete a Lexington On-site Biometrics Screening Form. This form must be filled out by the participant (employee and/or spouse enrolled in Lexington's Medical Plan) and submitted to Lexington in order to receive credit for completion of the 2016 Biometrics Screening premium savings requirement.

The November biometrics screenings, which are the last chance in 2016 for employees and spouses enrolled in Lexington's Medical Plan to obtain a free screening, will be offered at Lexington as follows:

LOCATION	DATE	TIME	REGISTRATION DEADLINE
Gloversville (Gym) 127 E. State Street	Wednesday, November 2	12:00—6:00 p.m.	Wednesday, October 26
Gloversville (Gym) 127 E. State Street	Thursday, November 3	7:30 a.m.—1:30 p.m.	Thursday, October 27
Guilderland (Conference Room) 2301 Western Avenue	Thursday, November 10	11:00 a.m.—1:00 p.m.	Thursday, November 3
St. Johnsville-Oppenheim (Multi-purpose Room) 405 County Highway 114	Tuesday, November 15	1:30—6:00 p.m.	Tuesday, November 8

To schedule an appointment, you must contact the point person for the clinic you want to attend:

LOCATION	CONTACT	PHONE
Gloversville 127 E. State Street	Bridgett Nestor	(518) 775-5422
St. Johnsville-Oppenheim 405 County Highway 114	Donna Steenburgh Vicki Scheuerman	(518) 568-3102
Guilderland 2301 Western Avenue	Diane Bellamy	(518) 218-7310, ext. 301



### DON'T WAIT TO GET YOUR WELLNESS REQUIREMENTS DONE!

Schedule an appointment with Rene Dutcher at 518-775-5429 on Wednesdays and Fridays or Bridgett Nestor at 518-775-5422 on Tuesdays and Thursdays to receive help in completing your requirements!



### SPECIAL BJ'S WHOLESALE CLUB DISCOUNT MEMBERSHIP OPPORTUNITY!

Lexington is pleased to announce that BJ's Wholesale Club is offering our employees a special discount membership rate. Lexington employees can get \$15 off the regular \$50 annual BJ's membership fee! Your cost will be \$35 + tax = \$37.80 for a one-year membership. You will also get a free second membership card for another household member and an extra one month, also free. That's 13 months for less than the cost of a 12-month membership! All renewals will have 13 months added onto their BJ's member from their current expiration date.

If you're interested in this offer, you can obtain a membership application by calling Bridgett Nestor in Human Resources at (518) 775-5422 until **October 7**.

### UPCOMING FALL SALE!

Get ready for a fall sale that will help your wardrobe "fall" into place! Join us Wednesday, **September 28** from 10:00 a.m. to 1:30 p.m. outside the 465 N. Perry Street cafeteria to browse jewelry, accessories and handmade items. There will be bracelets for buy one, get one half price, earrings at 5 cents a pair, "Mom" signs, homemade trail mix and homemade cards. Proceeds will be donated to a non-profit of the group's choice. We hope to see you there!



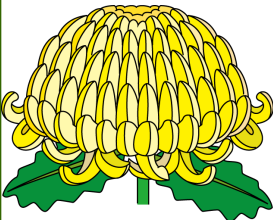
### CO-OP REMINDER

Please remember to pick up your Co-op orders!

Oppenheim Day Hab  
Wednesday, September 28  
3:30—4:30 p.m.



### MUMS FOR SALE!



STEP is once again raising selling mums to raise money for the Paul Nigra Center for Creative Arts!

The mums come from Sand Flats Orchard. They are \$7 apiece or three for \$20. There are a limited number available, so if you are interested, please email Terry Button at [haigt@lexcenter.org](mailto:haigt@lexcenter.org) or call (518) 736-4169. Orders will be taken through **September 30**.

Colors available include burgundy, yellow, cream, rust and fuchsia. Some are not opened yet, so you could buy one of those and be surprised by the color! Thank you for your support.

### NEW GPS UNITS FROM PHILADELPHIA INSURANCE COMPANY

The Philadelphia Insurance Company, which provides insurance coverage for our fleet of vehicles, received a grant to pilot GPS units in agency vehicles and Lexington was selected to participate. We were pleased to have been selected as these units could enhance our safety efforts and efficiency in transportation routes. Philadelphia will provide Lexington with 50 GPS units which over a 12-month period will be rotated throughout our vehicles. The GPS units will monitor things such as idling time, speed, braking and gas consumption. The units will not provide driving directions. The insurance underwriters look favorably upon GPS systems and this could help control rising insurance premiums we incur. In addition, we could see a reduction in maintenance and repairs expenses.

If you have any questions, contact Jim Post at (518) 736-3873, Ronnie Dona at (518) 736-3889 or Ned Hirt at (518) 775-5336.

## CLASSES AND EVENTS AT THE PAUL NIGRA CENTER FOR CREATIVE ARTS

All Lexington employees get a 10% discount on classes at the Paul Nigra Center for Creative Arts! Just enter the code **LEXEMPLOYEE** at checkout to redeem. Lexington employees are also welcome to use the \$25 gift certificates issued to them at the holidays for free classes. To redeem these certificates and sign up for the free classes, call (518) 661-9932. These certificates cannot be redeemed online. Be ready to provide the number on the back of the certificate and bring the certificate to the class when you attend.

The center is located at 2736 State Highway 30 in Gloversville. For more information on the classes and events offered, visit [www.pncreativeartscenter.org](http://www.pncreativeartscenter.org) or call (518) 661-9932.



Paul Nigra Center  
for Creative Arts

Wednesday, September 28 | 10:00 a.m.—12:00 p.m.



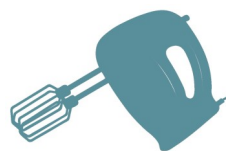
**MARVELOUS MANNEQUIN HEADS.** *In this class, instructor Brenda Dwyer will show students how to use their imaginations to transform a plain mannequin head into a glorious work of art with colorful sequins, buttons, feathers and more. This class is open to all, beginner level. Special accommodations available. The cost is \$25 for those who pre-register or \$30 for walk-ins. [Click here to register online.](#)*

Wednesday, September 28 | 6:00—8:00 p.m.



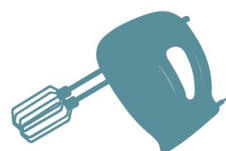
**SERENE & LOVELY LAKE — PAINTING CLASS.** *In this beginner-level class, instructor Ellen Lauziere will teach students how to create a lake scene with acrylic paint. The cost is \$30 for those who pre-register or \$40 for walk-ins. [Click here to register online.](#)*

Wednesday, September 28 | 6:00—8:00 p.m.



**HEALTHY MOMMA: RISE & DINE — ORANGE PANCAKES & GREEN SMOOTHIES!** *It's widely known that breakfast is the most important meal of the day, especially for growing children. This kickoff of Lisa Schmitt's Healthy Momma series, Rise & Dine, focuses on enhancing breakfast time in the home. She will work with teams of one parent and one child to brainstorm strategies to break down barriers that may prevent your family from sharing a hearty, healthy and yummy morning meal. Bring your appetites, as you will prepare and share orange oatmeal pancakes and green smoothies. Appropriate for parents and children ages 5-12. The cost per parent and child is \$35 for those who pre-register or \$45 for walk-ins. [Click here to register online.](#)*

Thursday, September 29 | 10:30 a.m.—12:30 p.m.



**COOK & EAT.** *In this class, chef duo Jose Kemp and Wally Hart will teach cooking made simple. Eating is part of the experience! This class is open to all and is beginner level. Special accommodations are available. The cost is \$25. Pre-registration is required. [Click here to register online.](#)*

Friday, September 30 | 10:00 a.m.—12:00 p.m.



**SCULPTURED JEWELRY.** *In this class, instructor Beth Spraggs will teach students techniques of fabric and paper sculpting with Paverpol. Students will create fabulous jewelry sculptures. This class is open to all and is beginner level. Special accommodations are available. The cost is \$25. Pre-registration is required. [Click here to register online.](#)*

Thursday, October 6 | 5:30—8:00 p.m.



**FINGER LABYRINTH.** Join instructor Beth Spraggs as she teaches students how to make an 8-inch finger labyrinth with inspirational words. This class promises to be a soothing and creative experience. The cost is \$25 for those who pre-register or \$30 for walk-ins. [Click here to register online.](#)

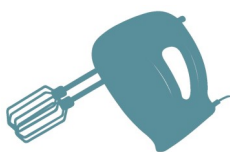
Sunday, October 9 | 1:30—2:30 p.m.



**OUTSIDE YOGA.** Students are invited to step outside and breathe in the beautiful and refreshing Adirondack air while doing yoga on the gorgeous grounds of the Paul Nigra Center for Creative Arts. Instructor Dori Daknis will walk students through basic yoga postures and show them how to follow nature's lead by gradually lightening and opening physically, emotionally and mentally. Students will find their center by achieving harmony with nature's changing rhythms and bringing more balance to their lives.

This class is suitable for participants of all fitness levels. NOTE: In the event of inclement weather, this class will take place inside the Nigra Arts Center's serene yoga room. The cost is \$15 for one class or \$40 for a four-class pack. [Click here to register for the October 9 class online.](#)

Tuesday, October 11 | 6:00—8:00 p.m.



**MASTERING PIE MAKING.** There is nothing like a delicious pie. In this class, instructor Karen Bischoffberger will show students everything they need to make just that. Students will learn proper rolling techniques and how to make the perfect pie crust, create different style edges and personalize with decoration. At the end of class, students will taste a sample of Karen's fabulous pie! The cost is \$30 for those who pre-register or \$40 for walk-ins. [Click here to register online.](#)

## TRANSITIONS PRESENTS

### BUILDING EXECUTIVE FUNCTION SKILLS: TIME MANAGEMENT, PLANNING AND ORGANIZATION

Everyone struggles to stay on top of things sometimes, but does your student, son or daughter have frequent and serious trouble with:

- Procrastination?
- Staying focused?
- Losing track of time?
- Not turning in assignments on time?
- Losing belongings?
- Starting and/or completing things?
- Managing multi-step tasks?
- Acting without thinking?

If you answered yes to some of these questions, consider attending this interactive workshop featuring bestselling author Marydee Sklar and hosted by Transitions. You will come away armed with tools, strategies and practical knowledge to help students strengthen executive function skills and become more productive.

Marydee Sklar has taught the executive function skills of time management, planning and organization to families and adults for nearly 20 years. Her latest book, "50 Tips to Help Students Succeed: Develop Your Student's Time-Management and Executive Skills for Life," is designed to bring relief to anxious and frustrated parents concerned about the school success of their child or teen. Her "Seeing My Time" books are used in private practice settings, middle schools, high schools and colleges.

#### WHEN

Tuesday, October 18  
9:30 a.m.—4:30 p.m.

#### LOCATION

Transitions  
2736 State Highway 30  
Gloversville

#### COST

\$129 for professionals  
\$59 for families

#### [CLICK HERE TO REGISTER!](#)

#### REGISTRATION AND MORE INFORMATION

Terry Williams  
(518) 775-5384  
[admissions@transitionsusa.org](mailto:admissions@transitionsusa.org)



## HR NEWS AND INFORMATION

### DIRECT SUPPORT STAFF RECOGNITION

We are recognizing staff who consistently show a solid understanding of Personal Outcome Measures and ensure that each person we support and their staff and families are treated respectfully. A different POM will be recognized each month, and each month an employee will be recognized for their commitment to ensuring the featured POM is met. September focused on DSP week and special recognition of employees at each work site and the Nurturing Environment Meeting.

Managers who would like to honor their staff should submit their name, a photo and why they are being recognized to their AD!

### MONTHLY POM THEMES — PEOPLE:

<b>MARCH</b> Get Respect	<b>APRIL</b> Have Natural Supports	<b>MAY</b> Have Rights	<b>JUNE</b> Form Intimate Relationships
<b>JULY</b> Perform Different Social Roles	<b>AUGUST</b> Can Fully Use Their Environments	<b>OCTOBER</b> Are Safe	<b>NOVEMBER</b> Have Friends

### SPECIAL EVENTS AND CELEBRATIONS

<b>SEPTEMBER</b> DSP WEEK — Special recognition of employees at each work site and the Nurturing Environment Meeting.	<b>DECEMBER</b> Holiday celebrations and thank-you gatherings at each work site.
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### FSA STORE

Rose & Kiernan, Inc., is excited to announce their partnership with the Flexible Spending Account (FSA) Store! All Lexington employees enrolled in the RK Flex system can now access the benefits of the FSA Store through their consumer portal and RK xchange. The FSA Store is an e-commerce site stocked exclusively with FSA eligible products, services, resources and tools that help them better understand their FSA. To access the FSA Store, log on to your RK Flex consumer portal or RK xchange or visit [fsastore.com](http://fsastore.com).

### EMPLOYEE ANNIVERSARIES (10+ years)

#### SEPTEMBER 27 TO OCTOBER 11 | Congratulations!

Lynn Weaver, Maintenance, 9/30, 20 years  
Tracy Lanphere, Residential, 10/1, 15 years  
Jeannine Zaluski, Residential, 10/1, 15 years  
Amanda Chittenden, Day Hab, 10/2, 10 years  
Brittany Cole, Employment Resources, 10/2, 10 years  
Rebecca Conley, Service Coordination, 10/2, 20 years

Jacki Hawley, Transportation, 10/2, 10 years  
Susan Insonia, Residential, 10/3, 20 years  
Melissa Lawrence, Day Hab, 10/7, 20 years  
Sue Rickard, Residential, 10/7, 25 years  
Deneen Krom, Residential, 10/9, 10 years  
Dianne Lafountain, Residential, 10/9, 15 years

### CONTACT INFORMATION

Megan Balser  
Lexington, Fulton County Chapter, NYSARC, Inc.  
465 N. Perry Street, Johnstown  
[balserm@lexcenter.org](mailto:balserm@lexcenter.org)



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Encore Kids: [www.facebook.com/encorekidsconsignments](http://www.facebook.com/encorekidsconsignments)