

LEXINGTON HAPPENINGS



Welcome to "Lexington Happenings," a collection of things to do and see and experience at Lexington!

TUESDAY, JULY 19 , 2016



On July 6, a group from Lexington participated in the Journey Along the Erie Canal bike ride with John Robinson of Our Ability, Inc.! Fifteen self-advocates and nine staff rode about 30 miles along the leg of the journey between Little Falls and Amsterdam. Congratulations to the athletes who participated! Pictured, from left to right, are Garrett Jacobs, Coty Rulison, Lauren Repholz and Greg Cliquennoi. Not pictured: self-advocates David Bulka, Curtis Churchill, Kyle Clark, Becky Connor, Zack Durkee, Patrick Foote, Asher Jacobs, Jose Kemp, John Lane, Douglas Lathrop, Ralph Orapello and Mike Rossi; staff Abby DelCostello, Andrew DiSalvi, Bob Dugan, Wally Hart, Jamie Laraway, Kyle Rix, Robert Taylor and Nate VanSlyke.

EVENTS THIS WEEK — JULY 19 TO JULY 25

Tuesday, July 19 | 5:30—7:30 p.m.

MUSIC THERAPY FOR SCHOOL-AGE CHILDREN DIAGNOSED ON THE AUTISM SPECTRUM | Lexington Family Services, 43 Harrison Street, Gloversville. Fun-filled musical activities where music is used within a therapeutic relationship to address physical, emotional, cognitive and social needs. Every Tuesday in July. Ages 3-12 from 5:30 to 6:30 p.m.; ages 13-21 from 6:30 to 7:30 p.m. All are welcome to attend. Please call Family Services at (518) 773-2014 to RSVP. Transportation and respite are provided upon request.

MANAGERS:

Please post/share this information with your staff.

Does your program have an event/information you'd like listed here? Please send all information to Megan Balser (balserm@lexcenter.org) at least two weeks in advance of the event. For community events in Fulton or Albany Counties, please visit the links below.

COMMUNITY EVENTS

FULTON COUNTY:
fultonmontgomeryny.org
44lakes.com

ALBANY COUNTY:
albany.com/events/
events.timesunion.com

EVENTS NEXT WEEK — JULY 26 TO AUGUST 2

Tuesday, July 26 | 5:30—7:30 p.m.

MUSIC THERAPY FOR SCHOOL-AGE CHILDREN DIAGNOSED ON THE AUTISM SPECTRUM | Lexington Family Services, 43 Harrison Street, Gloversville. *Fun-filled musical activities where music is used within a therapeutic relationship to address physical, emotional, cognitive and social needs. Every Tuesday in July. Ages 3-12 from 5:30 to 6:30 p.m.; ages 13-21 from 6:30 to 7:30 p.m. All are welcome to attend. Please call Family Services at (518) 773-2014 to RSVP. Transportation and respite are provided upon request.*

LEARNING ABOUT RESOURCES, GAINING EMPLOYMENT (L.A.R.G.E)

Below are the dates and times for the Student Transitional Education Program (STEP)'s series of career classes for individuals who are employed and want to enhance their skills or who are interested in getting a job and want to build their skills. If you are employed, receive supported employment services or want to be employed, you are welcome to attend any session. Please call STEP at (518) 736-4169 to RSVP.

Friday, July 22 and 29 | 8:00—9:00 a.m. (Every Friday in July)

CAREER COACHING FOR THE WORKPLACE | The Center at Lexington, 465 N. Perry Street, Johnstown. *In school, students receive grades for math, English, science and social studies, but usually not for dealing with difficult situations, showing compassion or solving an unexpected problem. In the workplace, these skills are a necessity. Come to these coaching sessions to network with others who also want to improve these skills, with the support of employment specialists from Employment Resources. This class will be held in the old CDT space at 465 N. Perry St., Johnstown.*

EARN A BONUS FOR RECOMMENDING EMPLOYEES!

Did you know that if we hire a person you referred, you could earn up to a \$500 bonus? Do you have a family member or friend in the community graduating from high school in June? Are they looking to get started in a career, or will they be going to a local college in the fall? You can help them and Lexington by referring qualified candidates!

This is an excellent time for a high school graduate to connect into a career with Lexington or, if they're planning to go to a local college in the fall, to work while going to school. The time for them to apply is now so they can be considered for the next available training session once the school year ends.

Employees of Lexington have been doing a great job referring people to work with us and we appreciate it! Please note: there is no limit to how much you can earn by referring good candidates that we hire! Give an application to a friend or family member today, or have them apply online! Just make sure they list your name on the application as the referral source.

Apply online at www.lexingtoncenter.org!

Lexington's own upscale consignment store, **ENCORE KIDS** offers designer and brand name clothing and accessories in sizes Newborn through Children's 14/16.



34 N. Main Street, Gloversville, NY 12078 | (518) 773-4649
Hours: Tuesday – Friday 10am – 6pm | Saturday 10am – 3pm
www.facebook.com/encorekidsconsignments

Encore Kids is conveniently located next door to Mohawk Harvest Co-op Market and across the street from Castiglione Jewelers. It proudly employs individuals we support.

We accept Chamber Checks * We participate in the Chamber of Commerce Member to Member discount program, offering a 10% discount * We offer a 10% discount to all Lexington employees every Friday * Gift certificates are available.

WELLNESS TOGETHER

DANCE AEROBICS



Come and have fun dancing your way into shape! No experience needed. This is Latin-based dance aerobics, a fun way to get in shape and stay in shape. This program accommodates all fitness levels. Bring a hand towel, water and a smile! You do not need to attend for the full hour. Eligible employees that attend will be awarded 10 Wellness Rewards points. Register today by logging on to your Lexington Wellness Website at lexingtonwellness.bepurewellness.com and going to “Events” or by calling Rene Dutcher at (518) 775-5429.

DATES, TIMES & LOCATIONS

Tuesday, July 26 | 4:30—5:30 p.m. | Gymnasium, 127 E. State Street, Gloversville

Tuesday, August 2 | 4:30—5:30 p.m. | Gymnasium, 127 E. State Street, Gloversville

WELLNESS WALK



Walking is great exercise. It helps refocus our thoughts and reduce stress. Bring a co-worker or someone you enjoy spending time with. Please be sure to wear appropriate shoes and bring water to drink. If the weather permits, we will walk outside. Eligible employees that attend will be awarded 10 Wellness Rewards Points. Register today by logging on to your Lexington Wellness Website at lexingtonwellness.bepurewellness.com and going to “Events” or by calling Rene Dutcher at (518) 775-5429.

DATES, TIMES & LOCATIONS

Wednesday, July 27 | 3:30—4:00 p.m. | Indoor Track, 465 N. Perry Street, Johnstown

Thursday, July 28 | 7:30—8:00 a.m. | Gymnasium, 127 E. State Street, Gloversville

Friday, July 29 | 3:30—4:00 p.m. | Reception Area, 405 County Highway 114, St. Johnsville

LIFEPOINTS WELLNESS INCENTIVE PROGRAM OVERVIEW



Did you know that you can earn your first 50 Lifepoints, equal to \$50 in gift cards through www.cdphp.com, just by completing your CDPHP Personal Health Assessment? Attend this program to learn how easy it is to earn Lifepoints equal to \$365 in retailer gift cards during 2016. Space is limited. This program is for employees enrolled in Lexington’s Medical Plan and classes will be offered four times per month. The sooner you get started, the better chance you will have of earning the full \$365 in gift cards this year. Space is limited. Register for this program today by logging on to your Lexington Wellness Website at lexingtonwellness.bepurewellness.com and going to “Events” or by calling Rene Dutcher at (518) 775-5429.

DATES, TIMES & LOCATIONS

Thursday, July 28 | 3:30—4:00 p.m. | Large Conference Room, 127 E. State Street, Gloversville

***Prior to attending any program, please ensure you have received approval from your medical practitioner.*



DON'T WAIT TO GET YOUR WELLNESS REQUIREMENTS DONE!

Schedule an appointment with Rene Dutcher at 518-775-5429 on Wednesdays and Fridays or Bridgett Nestor at 518-775-5422 on Tuesdays and Thursdays to receive help in completing your requirements!

ANNOUNCING THE “EAT YOUR GREENS TO FIT IN YOUR JEANS” NUTRITION CHALLENGE

Lexington Wellness offers fun activities that encourage a healthy lifestyle. Summer is a time for picnics and cookouts, and when junk food is easy to just grab and go. This challenge will encourage you to eat healthier and provide you tips on how to incorporate more fruits and vegetables into your summer on-the-go activities.

Sign up for the Challenge between Monday, July 25, and Monday, August 8. The Challenge will run from **Monday, August 8 to Monday, August 29.**

CHALLENGE GOALS:

1. Eat and log on your Lexington Wellness website at least two servings of fruits and two servings of vegetables five days a week during the three-week challenge.
2. Complete all required tasks on your To-Do list.

Teams must have four or more members. If you have fewer than four people interested at your site, contact Michelle Peryea to be placed in an active team. Team size does not affect the end results. To sign up for the Challenge, log onto your Lexington Wellness website at lexingtonwellness.bepurewellness.com. Instructions will be posted there.

If it is difficult for you to meet the requirements of a Challenge because of a medical condition, contact Michelle Peryea at (518) 775-5420 or peryeam@lexcenter.org to develop an alternative to qualify for the rewards. If you have any other questions, contact Michelle or Rene Dutcher at (518) 775-5429 or dutcher@lexcenter.org.

EARN PRIZES WHEN YOU PARTICIPATE IN THE CHALLENGE!

30 WELLNESS REWARDS POINTS for completing the Challenge Goals each week.

RAFFLE FOR ADDITIONAL PRIZES for those who meet the Challenge goals, are members of winning teams or are Wellness Buddies but aren't eligible to earn Wellness Rewards Points.

30 MORE WELLNESS REWARDS POINTS for registering as a Wellness Buddy in the Wellness Together Nutrition Team Challenge and supporting a participant (not an employee) to reach the challenge goal.

A RAFFLE for three teams per challenge in which each member completes the Challenge goal. The team selected will receive \$100 to spend on the team. Each eligible member will also receive 15 Wellness Rewards Points.

LEXINGTON MEDICAL CARE PLAN REQUIREMENTS

To receive their premium savings in 2017, Lexington employees and spouses enrolled in Lexington's medical plan must complete a biometrics screening, a CDPHP Personal Health Assessment in 2016, as well as a routine physical exam every two years. In addition, employees must:

- complete the Tobacco Free Affidavit or Reasonable Alternative Smoking Cessation Workshop by December 31
- receive a verified blood pressure measurement equal to or less than 119/79 by December 15
- read the “Release the Pressure” document provided by CDPHP and complete the corresponding quiz on the Lexington Wellness Website by December 31

If you have any questions, please contact Michelle Peryea, Wellness Program Coordinator, at (518) 775-5420.

FREE SMOKING CESSATION COURSE



Lexington Wellness is offering a free Smoking Cessation Course, The Butt Stops Here, starting Thursday, August 11, 9:30 a.m. at Oppenheim Day Hab. The course is seven weeks long and will meet every Thursday from 9:30-10 a.m. During these sessions you will receive tools to help you quit as well as support from other employees trying to reach the same goal. If you would like to register to attend this course, please contact Michelle Peryea at (518) 775-5420 or peryeam@lexcenter.org.

If you are interested in the course but this one does not fit into your schedule, please let Michelle know the best location, time of day and day of the week for you to attend and she will attempt to schedule an additional seven-week session to accommodate more people.

FREE BIOMETRICS SCREENINGS

Lexington has partnered with CDPHP to offer on-site biometric screenings that include blood pressure, body composition analysis and body mass index. Additional measures that include blood glucose levels, total cholesterol, HDL, LDL and triglyceride levels are offered by St. Peter's Cardiac and Vascular Center. These screenings can help identify various health issues and allow you to work with your physician to lower your risks for certain conditions.

CDPHP members should bring their CDPHP identification card. Following the screenings, participants will meet with a CDPHP health educator one-on-one to review their results and receive information about many of the value-added services that are available to CDPHP members. Before leaving your screening, you will be asked to complete a Lexington On-site Biometrics Screening Form. This form must be filled out by the participant (employee and/or spouse enrolled in Lexington's Medical Plan) and submitted to Lexington in order to receive credit for completion of the 2016 Biometrics Screening premium savings requirement.

The August biometrics screenings will be offered at Lexington as follows:

| LOCATION | DATE | TIME |
|--|----------------------|----------------|
| St. Johnsville-Oppenheim (Multi-purpose Room) 405 County Highway 114 | Wednesday, August 24 | 1:30—6:00 p.m. |

To get a biometrics screening, you must sign up in advance by contacting the appropriate point person for the clinic you want to attend, as indicated below:

| LOCATION | CONTACT | PHONE |
|--|--------------------------------------|----------------|
| St. Johnsville-Oppenheim 405 County Highway 114 | Donna Steenburgh Vicki Scheuerman | (518) 568-3102 |

ANNUAL GARAGE SALE

231 South Kingsboro is gathering donations for its annual garage sale. Are you cleaning out your attic or trying to declutter your home? Drop your stuff off to us! Items can be delivered to Kingsboro. If you need someone to pick yours up, contact Eliza Lamphear at (518) 725-0022 or lamphee@lexcenter.org. We look forward to your donations!

The sale will take place on Friday, July 29 from 9 a.m. to 5 p.m. All proceeds from the sale will benefit the Paul Nigra Center for Creative Arts. Cold drinks will be available while you shop!

CLASSES AND EVENTS AT THE PAUL NIGRA CENTER FOR CREATIVE ARTS

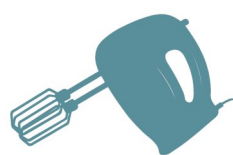
All Lexington employees get a 10% discount on classes at the Paul Nigra Center for Creative Arts! Just enter the code **LEXEMPLOYEE** at checkout to redeem. Lexington employees are also welcome to use the \$25 gift certificates issued to them at the holidays for free classes. To redeem these certificates and sign up for the free classes, call (518) 661-9932. These certificates cannot be redeemed online. Be ready to provide the number on the back of the certificate and bring the certificate to the class when you attend.

The center is located at 2736 State Highway 30 in Gloversville. For more information on the classes and events offered, visit www.pncreativeartscenter.org or call (518) 661-9932.



Paul Nigra Center
for Creative Arts

Wednesday, July 20 | 10:30—11:30 a.m.



OOEY GOOEY CHOCOLATE DELIGHT COOKING CLASS. *Instructor Sue Nigra will teach students how to bake a rich chocolate dessert recipe that is sure to satisfy any chocolate craving. This class is open to all and is beginner level. Special accommodations are available. The cost is \$15 and pre-registration is required. [Click here to register online.](#)*

Wednesday, July 20 and 27 | 6:30—8:00 p.m.



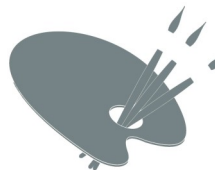
CELEBRATE SUMMER WITH YOGA (SERIES). *This seven-part yoga series will encourage everyday health, strength, stamina and flexibility. Chill out with cooling yoga poses and practice simple restful moves designed to help you decompress and release tension in tight areas. Find yourself in a focused calm place, and allow soothing restorative poses to nourish your body, mind and spirit. Chakra (energy) centering, candlelight and essential oils will add to this peaceful and refreshing class. Students will establish a fulfilling meditation practice and leave with tools to create balance at home and work all year long. This class is suitable for participants of all fitness levels. It meets on July 20, 27, August 3, 10, 17, 24 and September 7. The cost is \$15 for a single class or \$65 for all seven classes. Visit www.pncreativeartscenter.org/yoga to register online.*

Thursday, July 21 | 6:00—8:00 p.m.



ABSTRACT GLASS ART CLASS. *In this beginner-level class, instructor Beth Spraggs will teach students how to use layered stained glass, marbles, discs, tiles and mirrors to make a glass decorated frame. This class is open to all and is beginner level. Special accommodations are available. All materials are provided, but if you have broken jewelry or an accent piece, feel free to bring it to personalize your piece. The cost is \$25 if you pre-register or \$30 for walk-ins. [Click here to register online.](#)*

Friday, July 22 | 10:00 a.m.—12:00 p.m.



ARTS WITH BRENDA. *In this series of classes, instructor Brenda Dwyer will teach students how to capture their creative side and show self-expression through art projects. This class is open to all and is beginner level. Special accommodations are available. All materials are provided. The cost is \$25 for those who pre-register or \$30 for walk-ins. [Click here to register online.](#)*

Sunday, July 24 and 31 | 1:30—2:30 p.m.



OUTSIDE YOGA. *Students are invited to step outside and breathe in the beautiful and refreshing Adirondack air while doing yoga on the gorgeous grounds of the Paul Nigra Center for Creative Arts. Instructor Dori Daknis will walk students through basic yoga postures and show them how to follow nature's lead by gradually lightening and opening physically, emotionally and mentally. Students will find*

their center by achieving harmony with nature's changing rhythms and bringing more balance to their lives. This class is suitable for participants of all fitness levels. **NOTE:** In the event of inclement weather, this class will take place inside the Nigra Arts Center's serene yoga room. It meets every Sunday. The cost is \$15 per class or \$40 for a four-class pack. [Click here to register for the July 24 class](#) and [here to register for the July 31 class](#).

Monday, July 25 to Friday, July 29 | 9:00—10:00 a.m.



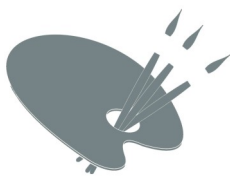
FANTASTICAL FAIRY TALES KIDS DAY CAMP. Princes and princesses are the stars of this camp, where children use movement, music, mime and theater games to transform into beloved characters. Campers will exercise self-expression, develop theater skills and have a true creative royal experience! This camp is open to children ages 4-7. The cost is \$66 for those who pre-register or \$76 for walk-ins. Campers should bring a water bottle each day. [Click here to register online.](#)

Monday, July 25 to Friday, July 29 | 10:30—11:30 a.m.



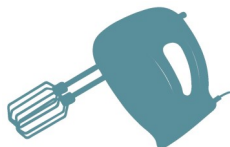
PIRATES ON PARADE KIDS DAY CAMP. At this camp, children will expand their imaginations and creativity to make infamous pirates come alive. They will learn improvisation, theater games and various acting techniques. This camp is open to children ages 8-11. The cost is \$95 for those who pre-register or \$105 for walk-ins. Campers should bring a water bottle each day. [Click here to register online.](#)

Monday, July 25 to Friday, July 29 | 1:00—3:00 p.m.



INTRO TO ART CAMP — FOUNDATIONS OF DRAWING LINES AND WATERCOLOR. This camp is for children ages 7-15 who want to improve their fine arts skills. Under the guidance of Sarah Goodbread, they will learn the best way to draw lines and create observational drawings. They will then use watercolor paint to give their work rich texture and depth. The cost is \$100 for those who pre-register or \$130 for walk-ins. Campers should bring a water bottle each day. [Click here to register online.](#)

Tuesday, July 26 | 10:00—11:30 a.m.



CHOCOLATE CAKE COOKING CLASS. Chocolate mayonnaise cake is one of the moistest and most delicious cakes around. Join instructor Maria Nestle as she shares her family recipe, paired perfectly with homemade frosting! This class is open to all and is beginner level. Special accommodations are available. The cost is \$10. Pre-registration is required. [Click here to register online.](#)

Tuesday, July 26 | 6:00—8:00 p.m.



SUPPERS IN A SNAP: CHARGILLED CHICKEN AND SUMMER STRAWBERRY SALAD. In this class, students will learn how to whip up a springtime strawberry salad with a medley of spring vegetables, asparagus, peas, snap peas, spinach, lemon poppy seed dressing and pistachio garnish. Next, instructor Andrew Dench will show students how to prepare chargrilled chicken dressed with kale, mango and avocado. This class is suitable for chefs of all skill levels. The cost is \$30 for those who pre-register or \$40 for walk-ins. [Click here to register online.](#)

Monday, August 1 to Thursday, August 4 | 10:00 a.m.—3:00 p.m.



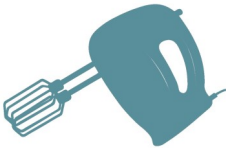
ART EXPLOSION CAMP. This fun, hands-on camp for children ages 5-10 will feature loads of art projects and creative activities such as Fabulous Food Art, wacky and colorful culinary treats you can eat! Young artists will also learn about artistic expression through dance, music and yoga. The cost is \$155 for those who pre-register or \$175 for walk-ins. Campers should bring their own lunch, snack and water bottle each day. [Click here to register online.](#)

Monday, August 1 to Friday, August 5 | 9:00 a.m.—12:00 p.m.



RISING STAR VARIETY SHOWCASE CAMP. *This camp is for performers ages 8 and up. Whether they like singing, dancing, acting or standup comedy, this camp has something for everyone. Campers will learn and develop songs, comedy acts, improvisation sketches and dance routines. On the last day of camp, campers will perform a variety show in front of family and friends. The cost is \$140 for those who pre-register or \$150 for walk-ins. Campers should bring a water bottle and snack each day. [Click here to register online.](#)*

Tuesday, August 2 | 6:00—8:00 p.m.



HEALTHY EATING SERIES: NUTS, SEEDS AND HERBS. *Each month, Janet Dunn teaches a beginner class on healthy eating with simple recipes that are easy to prepare and delicious. This month, the theme is nuts, seeds and herbs. Some nuts offer beneficial and essential fats linked to decreased risk of heart disease. Seeds offer similar beneficial fats plus lots of healing benefits and great vitamins and minerals. Janet will walk you through four recipes that use parsley, dill, chives, basil, oats, flax seeds, almonds, pecans and more. The cost is \$30 for those who pre-register or \$40 for walk-ins. [Click here to register online.](#)*

ADIRONDACK FOOTHILLS ROCK FESTIVAL



Join us at the Paul Nigra Center for Creative Arts on Saturday, July 30 from noon to 4 p.m. for our first ever Adirondack Foothills Rock Festival, featuring four local rock bands! Admission is \$15. Tickets can be purchased at the door or in advance at www.pncreativeartscenter.org/concertseries.

THE LINEUP:

- 12:00—1:00 p.m. — [Flame](#)
- 1:00—2:00 p.m. — [Third Rael](#)
- 2:00—3:00 p.m. — [Smythe' Brothers 2](#)
- 3:00—4:00 p.m. — [Jocelyn & Chris Arndt](#)

Chicken barbecue dinners from Whitey's Meat, Deli and Catering will be available for \$10 each, but must be bought in advance. Simply add the dinners to your order when you buy [advance tickets online](#). Each dinner includes half a chicken, a baked potato, a dinner roll and coleslaw.

Are you looking for something fun and enriching to fill your kids' time this summer? The Paul Nigra Center for Creative Arts is offering a variety of day camps this summer for kids interested in cooking, theater, fine arts, music and more!

There are opportunities available for children ages 4 to 15. All are welcome to participate. Space is limited in these highly sought after day camps, so be sure to sign your child up today. Click the image to the right for more information about each camp and to register.

Click here to register today for our
2016 Summer Day Camps!



Rock & Roll Kids Camp
Kid's Cooking Camp
Audition Ambition
Fantastical Fairy Tales
Pirates on Parade
Foundations of Drawing Lines & Watercolor
Rising Star Variety Showcase Camp
Summer Stage Camp
Musical Moppets
Adirondack Adventure Camp
Living Storybook Camp

HR NEWS AND INFORMATION

SUMMERTIME THEME PARK TICKETS

Lexington is pleased to announce ticket sales for the 2016 summer seasons at the theme parks listed below. Tickets may be purchased in the Human Resources Department at Burke, 127 E. State Street, Gloversville, or through Donna Steenburgh or Vicki Scheuerman in the Oppenheim Day Hab Building. Cash and personal checks are accepted. Checks should be made out to Lexington Center. Contact Bridgett Nestor at (518) 775-5422 with any questions.

THE GREAT ESCAPE

Ages 2 and Under: Free
Adult and Child: \$40
Regular Gate Price: \$58.99
Meal Vouchers: \$14 each
1-Day Parking Pass: \$17

WATER SAFARI/ ENCHANTED FOREST

Ages 2 and Under: Free
Adult and Child: \$25
Regular Gate Price: \$32.95

SIX FLAGS NEW ENGLAND

Ages 2 and Under: Free
Adult and Child: \$40
Regular Gate Price: \$61.99

DARIEN LAKE THEME PARK RESORT

Ages 2 and Under: Free
Adult and Child: \$28
Regular Gate Price: \$46.99

FSA STORE

Rose & Kiernan, Inc., is excited to announce their partnership with the Flexible Spending Account (FSA) Store! All Lexington employees enrolled in the RK Flex system can now access the benefits of the FSA Store through their consumer portal and RK xchange. The FSA Store is an e-commerce site stocked exclusively with FSA eligible products, services, resources and tools that help them better understand their FSA. To access the FSA Store, log on to your RK Flex consumer portal or RK xchange or visit fsastore.com.

JULY DIRECT SUPPORT STAFF RECOGNITION

We are recognizing staff who consistently show a solid understanding of Personal Outcome Measures and ensure that each person we support and their staff and families are treated respectfully. A different POM will be recognized each month, and each month an employee will be recognized for their commitment to ensuring the featured POM is met. Managers who would like to honor their staff, should submit their name, a photo and why they are being recognized to their AD!

NAME: Melissa Jaquay

PROGRAM: Kyser Lake

POM: People Perform Different Social Roles

Melissa always has the best interests of the people she supports at heart. She is always suggesting new opportunities for them to try and has helped extend their community reach by offering alternate religious options, which has led to building new relationships within their community.

MONTHLY POM THEMES — PEOPLE:

MARCH

Get Respect

APRIL

Have Natural Supports

MAY

Have Rights

JUNE

Form Intimate Relationships

JULY

Perform Different Social Roles

AUGUST

Can Fully Use Their Environments

OCTOBER

Are Safe

NOVEMBER

Have Friends

SPECIAL EVENTS AND CELEBRATIONS

SEPTEMBER

DSP WEEK — Special recognition of employees at each work site and the Nurturing Environment Meeting.

DECEMBER

Holiday celebrations and thank-you gatherings at each work site.

CONTACT INFORMATION

Megan Balser
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balserm@lexcenter.org



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Lexington - Chapter of NYSARC, Inc.:
www.facebook.com/LexingtonARC
"Like" Encore Kids on Facebook:
Encore Kids: www.facebook.com/