



## COVID-19 INFORMATIONAL RESOURCES

- [Centers for Disease Control and Prevention \(CDC\) - Information and Resources about COVID-19](#)
- [Fulton County Public Health - COVID-19 Information](#)
- [Montgomery County Public Health Department - COVID-19 Information](#)
- [New York Governor Andrew Cuomo - COVID-19 News and Updates](#)
- [New York State Department of Health - COVID-19 Updates and Guidelines](#)
- [New York State Department of Labor - Laws and Regulations](#)
- [The White House - COVID-19 News and Guidelines](#)
- [World Health Organization - COVID-19 Updates and Information](#)
  
- [CDPHP \(Lexington Medical Plan Provider\)](#)
- [United Concierge Medicine—The Virtual ER \(Lexington Telemedicine Provider\)](#)
- [YMCA Emergency Childcare Initiative](#)
  
- [PDF: How to Hand Rub](#)
- [PDF: How to Hand Wash](#)
- [PDF: Respiratory Etiquette](#)
- [PDF: What You Need to Know About COVID-19](#)
- [PDF: What to Do If You Are Sick with COVID-19](#)